





Lindt Water 30g	30g x 24	Milk chocolate with water (10%) and hazelnut filling. Ingredients: sugar, cocoa butter, whole <b>MILK</b> powder, <b>HAZELNUT</b> (7%), cocoa mass, skimmed <b>MILK</b> powder, <b>WHEAT</b> flour, <b>LACTOSE</b> , anhydrous <b>MILK</b> fat, emulsifier ( <b>SOYA</b> lecithin), <b>BARLEY</b> malt extract, butane, corn starch, tartaric acid, <b>EGG</b> yolk powder, palm oil, flavouring, salt. May contain <b>ALMONDS</b> . <b>MILK</b> chocolate contains: Cocoa solids: 31% min. <b>MILK</b> solids: 25% minimum.	Cool and dry	Unwrap packaging and consume.	24 pieces	2265	541	32	15	56	44	0	6.8	0.2	966.25	135.25	8	3.75	14	11	0	1.7	0.05
Lindt Gold Bar 300g	300g x 10	Ingredients: Sugar, cocoa butter, whole <b>MILK</b> powder, cocoa mass, <b>LACTOSE</b> , skim <b>MILK</b> powder, emulsifier ( <b>SOYA</b> lecithin), <b>BARLEY</b> malt extract. Flavouring: May contain <b>HAZELNUTS</b> , <b>ALMONDS</b> and other <b>NUTS</b> . Cocoa Solids %: <b>MILK</b> chocolate contains: Cocoa solids: 31% min. <b>MILK</b> solids: 25%.	Cool and dry	Unwrap packaging and consume.	10 pieces	2242	537	31	20	57	56	0	6.5	0.23	224.2	53.7	3.1	2	5.7	5.6	0	0.65	0.023
Cadbury Dairy Milk 850g	850g	<b>MILK</b> * Sugar, Cocoa Butter, Cocoa Mass, Vegetable Fats (Palm, Shea), Emulsifiers (E442, E474) Flavourings* The equivalent of 426 ml of Fresh Liquid <b>MILK</b> in every 227 g of <b>MILK</b> Chocolate. <b>MILK</b> Solids: 26% minimum, actual 23% Cocoa Solids 20% minimum. Contains Vegetable Fats in addition to Cocoa Butter. May Contain <b>NUTS</b> . <b>WHEAT</b> .	Ambient: Store in a dry place, protect from heat.		4 Chunks (25g)	2232	534	30	18	57	56	2.1	7.3	0.24	557	133	7.6	4.6	14	14	0.5	1.8	0.06
Jolly Bely Cocktail Classics 200g Gable Gift Box	200g	Sugar, glucose syrup, modified cornstarch, acidity regulators (E325, E330, E331), strawberry puree, strawberry, lemon puree, passionfruit juice concentrate, peach puree concentrate, concentrates of apple, carrot, apricot, black carrot, black currant, black currant, guava, glazing agents (E901, E903, E904), coconut, thickener (sodium stearoyl), colours (E100, E162, E163i, E171).	Cool Dry Place	Not suitable for under 5 year olds	100g	1547	364	0.5	0.2	91	60		0.14	1547	364	0.5	0.2	91	60				0.14
Jolly Bely 20 Assorted Flavours 100g Box	100g	Sugar, glucose syrup, modified cornstarch, acidity regulators (E325, E330, E331), peach puree concentrate, strawberry puree, raspberry puree.	Cool Dry Place	Not suitable for under 5 year olds	100g	1530	360			60	67		0.02	1530	360	0	0	90	67				0.02
Jolly Bely Sour Mix 100g Box	100g	Sugar, glucose syrup, modified cornstarch, acidity regulators (E297, E325, E330, E331), orange juice concentrate, lemon puree, grape juice concentrate, cherry juice concentrate, orange puree, flavourings, fruit and vegetable concentrates (apple, carrot, black currant, apricot, pumpkin), glazing agents (E901, E903, E904), colours (E100, E171).	Cool Dry Place	Not suitable for under 5 year olds	100g	1514	356			80	60		0.2	1514	356			89	60				0.2
<b>KIDS MIX SWEETS</b>																							
BEAR Yoop Strawberry 20c Delicat	20c	Apples (65.8%), pears (32.3%), strawberries (1.0%), black carrot extract (0.3%).	Store in a cool and dry place.	N/a	20c	1170	280	0	0	63	42	10	1.9	0	234	56	0	0	13	8.4	2.0	0.4	0
BEAR Yoop Blackcurrant 20c Delicat	20c	Apples (40%), Pears (30%), Lemon Juice (3%), Butternut Squash (11%), Blackcurrant (5%), Carrot (5%), Blackroot (5%), Spirulina Extract (0.01%).	Store in a cool and dry place.	N/a	20c	1170	280	0	0	63	42	10	1.9	0	234	56	0	0	13	8.4	2.0	0.4	0
BEAR Yoop Blackcurrant 20g	20g	Apples (61.7%), pears (30.8%), blackcurrants (7.5%).	Store in a cool and dry place.	N/a	20g	1170	280	0	0	63	42	10	1.9	0	234	56	0	0	13	8.4	2.0	0.4	0
BEAR Yoop Strawberry Xtreme 20g	20g	Apples (41.7%), pears (41.7%), pumpkin (7.3%), strawberries (6.0%), <b>WHEAT</b> Flour Sugar Vegetable Oils (Palm, Rapeseed) Cocoa Butter Cocoa Mass Skimmed <b>MILK</b> Powder (From <b>MILK</b> ), Fat Reduced Cocoa Powder 1.4% <b>MILK</b> Fat Raising Agents (Ammonium Carbonates, Sodium Carbonates, Diphosphates) Salt Emulsifier (E442, E474) Flavourings - May Contain <b>NUTS</b> .	Ambient: Store in a dry place, protect from heat.		19.9g (bag)	2025	483	20	9.1	67	27	2.8	7.7	0.64	405	96	4	1.8	13.3	5.4	0.6	1.5	0.14
Cadbury Animal Biscuits	139.3g	<b>MILK</b> * Sugar, Cocoa Butter, Cocoa Mass, Vegetable Fats (Palm, Shea), Emulsifier (E442) Flavourings <b>MILK</b> Solids 20% minimum, actual 23% Cocoa Solids 20% minimum. Contains Vegetable Fats in addition to Cocoa Butter. *The equivalent of 426 ml of Fresh Liquid <b>MILK</b> in every 227 g of <b>MILK</b> Chocolate.	Ambient: Store in a dry place, protect from heat.		35g	2234	535	30	18	57	56	2.1	7.3	0.24	670	160	9.1	5.5	17	17	0.6	2.2	0.07
Jolly Tots 20g	20x4x20g	Sugar, Glucose Syrup, Starch, Malic Acid, Citric Acid, Lactic Acid, Concentrated Fruit Juices (Apple, Blackcurrant, Lime, Orange, Strawberry, Lemon), Poly Riboflavin (Traces Only), Flavourings, Colours (Anthocyanins, Copper Complexes of Chlorophylls, Beta-Carotene, Carotenes).	Store in a cool, dry place.	Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	Containers 8 Servings	1403	330	0.1	0.1	76.2	56.8	0	4.9	0.05	275	65	trace	trace	15.2	11.4	0	1	0.01
ROLO Tube 52g	36x52g	Glucose Syrup, Sugar, Whole and Skimmed <b>MILK</b> Powder, Invert Sugar Syrup, Cocoa Mass, Vegetable Fats (Palm, Mango Kernel, Salt, Shea), Cocoa Butter, Sweetened Condensed Skimmed <b>MILK</b> , Butter (From <b>MILK</b> ), Lactose and Proteins from Whey (From <b>MILK</b> ), Whey powder (From <b>MILK</b> ), Emulsifier ( <b>SOYA</b> Lecithin), Salt, Flavourings.	Store cool and dry	Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	Containers 2 Servings (1/2 serving per 1/2 tube)	2004	478	20.7	11.4	67.4	58	1.2	4.8	0.32	521	124	5.4	3	17.5	15.1	0.3	1.2	0.08
Smarties Multipack	12 x 4 x 34g	Sugar, Skimmed <b>MILK</b> Powder, Cocoa Mass, Cocoa Butter, <b>WHEAT</b> Flour, Butter (From <b>MILK</b> ), Lactose and Proteins from Whey (From <b>MILK</b> ), Rice Starch, Emulsifier (Lecithin), Colours (Blackened Red, Carotenes, Curcumin, Natural Flavouring, Spirulina Extract, Glazing Agents (Gum Arabic, Beeswax Waxes), Fruit and Vegetable Concentrates (Safflower, Radish), <b>WHEAT</b> Malt Extract.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	1973	470	18.8	11.4	68	62.8	1.8	6.3	0.12	337	80	3.2	1.9	11.6	10.7	0.3	1.1	0.02
Nestle Smarties Mini Bag 15g	60x15g	Sugar, Cocoa butter, Skimmed milk powder, Cocoa mass, Butterfat (from <b>MILK</b> ), <b>WHEAT</b> flour, Lactose and proteins from whey (from <b>MILK</b> ), Rice starch, Emulsifier (Safflower lecithin), Fruit and vegetable concentrates (Safflower, Radish, Black carrot, Lemon, Hibiscus), Spirulina concentrate, Glazing agents (Carnauba wax, Beeswax waxes), Natural vanilla flavouring.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	2006	478	19.6	11.3	69.5	64.1	1	5.4	0.14	301	72	2.9	1.7	10.4	9.6	0.2	0.8	0.02
Nestle Randoms Mini Bag 20g	60x20g	Glucose syrup, Sugar, Gelatine, Acids (Malic acid, Tartaric acid, Citric acid), Concentrated apple juice (1%), Flavourings, Glaze (Palm oil, Glazing agent, Carnauba wax), Fruit and vegetable concentrates (Black carrot, Carotenes, Hibiscus), Acidity regulators (Sodium acetate), Invert sugar syrup, Vegetable fats (Cocoanut, Rapeseed, Sunflower), Colours (Chlorophylls and chlorophyllins, Paprika extract, Carotenes, Malodensin).	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	1403	330	0.1	0.1	76.2	56.8	0	4.9	0.05	275	65	trace	trace	15.2	11.4	0	1	0.01
Nestle Milkybar Mini Bag 12g	60x12g	<b>MILK</b> powders (Whole and skimmed) (27.5%), Sugar, Cocoa butter, Vegetable fat (Mango kernel), Palm Oil, Shea, Emulsifier (Sunflower lecithin), Natural flavouring.	Store cool and dry	Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.	1 bag	2265	542	31.7	19.1	52.9	52.5	0	10.8	0.35	272	65	3.8	2.3	6.3	6.3	0	1.3	0.04
Kit Kat Santa Milk Chocolate 29g	29g	Sugar, Vegetable Fats (Palm, Rapeseed, Sunflower), Skimmed <b>MILK</b> Powder, Cocoa Butter, Cocoa Mass, Rice Flour, Lactose (From <b>MILK</b> ), Fat Reduced Cocoa Powder, Whey Powder (From <b>MILK</b> ), Butterfat (From <b>MILK</b> ), Emulsifier (Lecithin), Potato Starch, Maize Starch, Raising Agent (Sodium Bicarbonate), Salt, Whey Protein Concentrate (From <b>MILK</b> ), Natural Flavourings, Vegetable Fibre (Bananol), <b>MILK</b> Chocolate contains: <b>MILK</b> Solids: 14% minimum. May contain <b>NUTS</b> .	Store in a cool, dry place	Ready to eat	1 bar (29g)	337	2342	31.4	17.3	55.6	50.4	2.9	6.2	0.23	650	156	9.1	5	16.1	14.6	0.8	1.8	0.07
<b>Coffee Impulse</b>																							
SB Chocolate Cup Cake	70g	Chocolate Cake (62%) (Sugar, Rapeseed Oil, <b>EGG</b> , <b>WHEAT</b> Flour, <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents (E500i, E450i, E341), Chocolate Cake Mix (Cocoa Powder, Modified Maize Starch, Potato Starch, <b>WHEAT</b> Flour, <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Chocolate (Sugar, Cocoa Mass, Fat Reduced Cocoa Butter, Flavouring), Fat Reduced Cocoa Powder, Raising Agents (E500, E450, E341), Skimmed <b>MILK</b> Powder, Rapeseed Oil, Whey Powder ( <b>MILK</b> ), <b>WHEAT</b> Starch, Emulsifiers (E471, E477, E481) <b>WHEAT</b> Gluten, Salt, Flavouring, Stabiliser (E415), Water, Flavouring, Humectant (E422), Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin)), Flavouring), Preservative (E202), Chocolate Butter Cream (ing 35%) (long Super Butter) (Butter ( <b>MILK</b> ), Salt), Cocoa Powder, Flavouring, Humectant (E422), <b>MILK</b> Chocolate Curd (1.5%) (Sugar, Cocoa Mass, Cocoa Butter, Whole <b>MILK</b> Powder, Skimmed <b>MILK</b> Powder, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring).	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1824.00	436.00	24.00	9.70	49.00	37.00	1.90	3.80	0.90	1259.00	301.00	16.00	6.80	36.00	28.00	1.40	2.60	0.66
SB Raspberry Cup Cake	70g	long Super Sugar Salted Butter (Butter ( <b>MILK</b> ), Salt), Self Raising Flour ( <b>WHEAT</b> Flour, <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents (E341, E500i), EGG, Rapeseed Oil, Cake Mix ( <b>WHEAT</b> Flour, <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Modified Maize Starch, Potato Starch, Skimmed <b>MILK</b> Powder, <b>WHEAT</b> Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder ( <b>MILK</b> ), Emulsifiers (E471, E477, E481) <b>WHEAT</b> Gluten, Salt, Stabiliser (E415), Water, White Chocolate Chunks (3%) (Sugar, Whole <b>MILK</b> Powder, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin)), Flavourings, Raspberry Flavoured Pieces (3%) (Fruit (Raspberry Juice, Raspberries, Apple Pieces), Sugar, Fructose Syrup, Rice Malt, Palm Oil, Flavouring, Glazing Agent (E440), Acid (E330)), Flavouring, Humectant (E422), White Chocolate Curd (0.3%) (Sugar, Cocoa Butter, Fat Cream <b>MILK</b> Powder, Whey Powder ( <b>MILK</b> ), Vegetable Oils (Palm, Salt, Shea, Mango Kernel), Emulsifier ( <b>SOYA</b> Lecithin)), Flavouring), Preservative (E202), Pink Colouring (Water, Colour (E122)).	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1828.00	437.00	23.00	8.80	55.00	42.00	0.56	3.30	0.83	1280.00	306.00	16.00	6.10	38.00	29.00	0.39	2.30	0.58

SS Sticky Toffee Muffin	100g	Sugar, EGG, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Rapped Oil, Caramel Filling (13% (Glucose Syrup, Sweetened Condensed Stermed MLK, Water, Sugar, Palm Oil, Modified Maize Starch, Emulsifiers (E471, E472, E473, E474), WHEAT Gluten, Salt, Stabiliser (E415), Water, Caramel Fudge Piece (3%) (Sugar, Full Cream Condensed MLK, Fondant (Sugar, Glucose, Water), Glucose Syrup, Palm Oil, Water, Emulsifier (SOYA Lecithin), Flavouring, Toffee Flavour Coating (2% (Sugar, Vegetable Oil (Palm Kernel, Palm), Whey Powder (MLK), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Fat Reduced Cocoa Powder, Cocoa Butter, Emulsifiers (SOYA Lecithin, E476), Flavouring, Colour (E160a)), Humectant (E422), Preservative (E202).	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1634.00	390.00	19.00	3.50	90.00							0.60	4.80	0.71	1634.00	390.00	19.00	3.50	31.00	0.60	4.80	0.71		
SS Chocolate Muffin	100g	Sugar, Rapeseed Oil, EGG, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Chocolate Cake Mix (17% (Cocoa Powder, Modified Maize and Potato Starch, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Chocolate (Sugar, Cocoa Mass, Fat Reduced Cocoa Butter, Flavouring), Fat Reduced Cocoa Powder, Raising Agents (E500, E450, E341) Skimmed MLK Powder, Rapeseed Oil, Whey Powder (MLK), WHEAT Starch, Emulsifiers (E471, E472, E481), WHEAT Gluten, Salt, Flavouring, Sabliser (E415), Water, Chocolate Filling (8% (Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Whole Milk Powder, Emulsifier (SOYA Lecithin), Natural Flavouring), Humectants (E420, E422), Dextrose, Water, Sweetened Condensed Stermed MLK, Sugar, Thickener (E401, E460, E466), Modified Starch, Salt Acid (E334), Preservative (E202), Emulsifier (E451)), Chocolate Chunks (5% (Cocoa Mass, Sugar, Emulsifier (SOYA Lecithin), Flavouring), Chocolate Flavour Fudge Topping (4% (Sugar, Vegetable Oil (Rapeseed, Palm), Glucose Syrup, Water, Fat Reduced Cocoa Powder, Emulsifiers (E471, E472, SOYA Lecithin), Colour (E160), Acidity Regulator (E575), Salt, Preservative (E202), Flavouring), Flavouring, Humectant (E422), Chocolate Flavour Coating (Sugar, Vegetable Oil (Palm Kernel, Palm)), Whey Powder (MLK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring) Preservative (E202).	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1693.00	405.00	21.00	4.70	48.00								2.20	5.00	0.87	1693.00	405.00	21.00	4.70	48.00	28.00	2.20	5.00	0.87
SS Fruity Blueberry	100g	Sugar, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), EGG, Rapeseed Oil, Cake Mix (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Modified Maize Starch, Potato Starch, Skimmed MLK Powder, WHEAT Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder (MLK), Emulsifiers (E471, E472, E481), WHEAT Gluten, Salt, Stabiliser (E415)), Blueberry Filling (8% (Sugar, Blueberry (30%), Water, Glucose-Fructose Syrup, Modified Starch, Acid (E330), Gelling Agent (E464), Thickener (E400), Preservative (E202), Natural Flavouring), Water, Blueberry Flavour Pieces (5% (Fruit (Apple Puree, Blueberry, Blueberry Juice), Sugar, Glucose-Fructose Syrup, Rice Meal, Palm Oil, Gelling Agent (E460), Flavouring, Citrus Free (Changel), Acid (E330)), Flavouring, Glycerine, OATS, Natural Flavouring, Preservative (E202).	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1555.00	371.00	18.00	3.00	47.00				1.10	4.80	0.70	1555.00	371.00	18.00	3.00	47.00				1.10	4.80	0.70		
SS Blue & Rasp. Muffin Tins	2 x 55g	Fruity Blueberry: Sugar, EGG, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Rapeseed Oil, Fruit Filling (11% (Sugar, Apple Puree, Blueberry Puree (30%), Modified Maize Starch, Gelling Agent (E418), Chokeberry Juice Concentrate, Acid (E330), Preservative (E202), Flavouring), Cake Mix (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Modified Maize Starch, Potato Starch, Skimmed MLK Powder, WHEAT Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder (MLK), Emulsifiers (E471, E472, E481), WHEAT Gluten, Salt, Stabiliser (E415)), OATS, Water, Blueberry Flavour Pieces (5% (Fruit (Apple Puree, Blueberry, Blueberry Juice), Sugar, Glucose-Fructose Syrup, Rice Meal, Palm Oil, Gelling Agent (E460), Flavouring, Citrus Free (Changel), Acid (E330)), Flavouring, Humectant (E422), Preservative (E202). Raspberry White Chocolate: Sugar, EGG, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Rapeseed Oil, Fruit Filling (10% (Sugar, Apple Puree, Raspberry Puree (30%), Modified Maize Starch, Gelling Agent (E418), Chokeberry Juice Concentrate, Acid (E330), Flavouring, Colour (E161), Preservative (E202)), Strawberry Flavour Fudge Filling (9% (Sugar, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Water, Skimmed MLK Powder, Emulsifiers (E471, E472), Flavouring, Salt, Preservative (E202), Colour (E122)), Cake Mix (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Modified Maize Starch, Potato Starch, Skimmed MLK Powder, WHEAT Starch, Rapeseed Oil, Raising Agents (E450, E500), Whey Powder (MLK), Emulsifiers (E471, E472, E481), WHEAT Gluten, Salt, Stabiliser (E415)), Water, Raspberry Flavour Pieces (4% (Fruit (Raspberry Puree, Raspberry Juice), Sugar, Glucose-Fructose Syrup, Rice Meal, Palm Oil, Gelling Agent (E460), Flavouring, Citrus Free (Changel), Acid (E330)), Brownie Mix (Sugar, Fat Reduced Cocoa Powder, Potato Starch, Palm Oil, Whey Powder (MLK), Dextrose, EGG White Powder, Raising Agents (E450, E500), Emulsifier (E471), Salt, Thickener (E415), Water, Rapeseed Oil, Chocolate Chunks (7% (Cocoa Mass, Sugar, Emulsifier (SOYA Lecithin), Flavouring, Humectant (E422), Flavouring, Preservative (E202)).	Store in a cool, dry place For Best Before See Film	Once open consume within 24hrs	1 Serving	1562/1627	373/388	17/18	2.0/4.5	49/51	29/34	1.1/0.86	4.7/4.2	0.69/0.63	859/895	205/214	10/10	1.4/2.5	27/28	16/18	0.6/0.47	2.6/2.3	0.38/0.35						
SS GF Brownie	70g	Biscuit Crumb (35%) (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Vegetable Oil (Palm, Rapeseed), Sugar, Wholemeal WHEAT Flour, Raising Agents (E500, E503, E334, E460, E296), Partially Inverted Sugar Syrup, Salt, Whey Powder (MLK), Dried Malt Extract (BARLEY), Chocolate Flavour Coating (24% (Sugar, Vegetable Oil (Palm Kernel, Palm), Whey Powder (MLK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring), Margarine (Palm and Rapeseed Oil, Water, Salt, Emulsifier (E472), Flavouring), Partially Inverted Sugar Syrup, Sugar, Raisins (5% (Raisins, Sunflower Oil), Sweetened Dried Cherries (5% (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator (E330), Preservatives (E202, SULPHUR DIOXIDE), Colour (E127)), Cocoa Powder.	Store in a cool, dry place For Best Before See Side of Pack	Once open consume within 24hrs	1 Serving	1684.00	402.00	18.00	5.00	53.00				3.80	4.50	0.85	1179.00	281.00	13.00	3.50	37.00	25.00	2.70	3.10	0.59				
SS Tiffin	70g	Biscuit Crumb (35%) (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Vegetable Oil (Palm, Rapeseed), Sugar, Wholemeal WHEAT Flour, Raising Agents (E500, E503, E334, E460, E296), Partially Inverted Sugar Syrup, Salt, Whey Powder (MLK), Dried Malt Extract (BARLEY), Chocolate Flavour Coating (24% (Sugar, Vegetable Oil (Palm Kernel, Palm), Whey Powder (MLK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring), Margarine (Palm and Rapeseed Oil, Water, Salt, Emulsifier (E472), Flavouring), Partially Inverted Sugar Syrup, Sugar, Raisins (5% (Raisins, Sunflower Oil), Sweetened Dried Cherries (5% (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator (E330), Preservatives (E202, SULPHUR DIOXIDE), Colour (E127)), Cocoa Powder.	Store in a cool, dry place For Best Before See Back of Film	Once open consume within 24hrs	1 Serving	1981.00	473.00	24.00	13.00	99.00	38.00	3.10	4.40	0.50	1394.00	333.00	17.00	9.00	41.00	27.00	2.20	3.10	0.35						
SS Caramel Shortcake	70g	Caramel Filling (34%) (Sugar, Palm Oil, Glucose Syrup, Water, Humectant (E420), Sweetened Condensed MLK (MLK, Sugar), Emulsifiers (E471, E472, E473), Colours (E160, E160a), Flavouring, WHEAT Protein, Salt, Preservative (E202), Acid (E334), Biscuit Crumb (21% (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Vegetable Oil (Palm, Rapeseed), Sugar, Wholemeal WHEAT Flour, Raising Agents (E500, E503, E334, E460, E296), Partially Inverted Sugar Syrup, Salt, Whey Powder (MLK), Dried Malt Extract (BARLEY), Chocolate Flavour Topping (17% (Sugar, Vegetable Oil (Palm Kernel, Palm), Whey Powder (MLK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring), Salted Butter (Butter (MLK), Salt), Toffee Flavour Topping (2% (Sugar, Vegetable Oil (Palm Kernel, Palm), Whey Powder (MLK), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Fat Reduced Cocoa Powder, Cocoa Butter, Emulsifiers (SOYA Lecithin, E476), Flavouring, Colour (E160a)).	Store in a cool, dry place For Best Before See Back of Film	Once open consume within 24hrs	1 Serving	2092.00	501.00	28.00	17.00	58.00	40.00	1.60	3.50	0.59	1464.00	350.00	20.00	12.00	40.00	28.00	1.10	2.40	0.41						
SS Bakedale Flapjack	70g	OATS, White Chocolate Flavour Topping (19% (Sugar, Vegetable Oil (Palm Kernel, Palm), Whey Powder (MLK), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Emulsifier (SOYA Lecithin), Flavouring), Partially Inverted Sugar Syrup, Salted Butter (Butter (MLK), Salt), Brown Sugar, Mixed Fruit Jam (5% (Glucose Syrup, Apple, Plum, Raisins), Acidity Regulators (E330, E331), Colour (E163), Gelling Agent (E440), Flavouring, Preservative (E202)), Sweetened Condensed MLK (MLK, Sugar), Flavouring, Chocolate Flavour Topping (Sugar, Vegetable Oil (Palm Kernel, Palm), Whey Powder (MLK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring).	Store in a cool, dry place For Best Before See Side of Film	Once open consume within 24hrs	1 Serving	1930.00	461.00	21.00	13.00	62.00	34.00	3.50	4.90	0.42	1351.00	322.00	14.00	9.20	44.00	24.00	2.40	3.40	0.29						
SS All Butter Flapjack	70g	OATS, Partially Inverted Sugar Syrup, Salted Butter (18% (Butter (MLK), Salt), Brown Sugar, Sweetened Condensed MLK (MLK, Sugar).	Store in a cool, dry place For Best Before See Side of Film	Once open consume within 24hrs	1 Serving	1884.00	449.00	18.00	11.00	63.00	29.00	4.50	5.70	0.47	1319.00	314.00	13.00	7.50	44.00	20.00	3.10	4.00	0.33						

88 Indulgent Chocolate Brownie	55g	Brownie Cake Mix (Sugar, Fat Reduced Cocoa Powder (10%), WHEAT FLOUR (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Oil, Whole Powder (M.L.K.), Dextrose, EGG White Powder, Roasted WHEAT Meal Flour, Flavour Agents (E400, E500, E241), Emulsifier (E471), Salt, Thickeners (E415)), Water, Rapeseed Oil, Humectant (E422), Emulsifier (E481), Preservative (E202).	Store in a cool, dry place For Best Before See Side of Film	Once open consume within 24hrs	1 Serving	1652.00	394.00	18.00	5.30	51.00	34.00	4.00	5.10	1.00	909.00	217.00	9.80	2.90	28.00	19.00	2.20	2.80	0.57	
89 Indulgent Chocolate Brownie	55g	Brownie Cake Mix (Sugar, Fat Reduced Cocoa Powder (10%), WHEAT FLOUR (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Oil, Whole Powder (M.L.K.), Dextrose, EGG White Powder, Roasted WHEAT Meal Flour, Flavour Agents (E400, E500, E241), Emulsifier (E471), Salt, Thickeners (E415)), Water, Rapeseed Oil, Humectant (E422), Flavouring, Preservative (E202).	Store in a cool, dry place For Best Before See Side of Film	Once open consume within 24hrs	1 Serving	1652.00	394.00	18.00	5.30	51.00	34.00	4.00	5.10	1.00	909.00	217.00	9.80	2.90	28.00	19.00	2.20	2.80	0.57	
<b>BOTTLED DRINKS - CORE</b>																								
Diet Coke Mango 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings including Citrus, Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of Film	Best served chilled	250ml	1.2	0.3	0	0	0	0	0	0	0.01	3	1	0	0	0	0	0	0	0.03	
Diet Coke Strawberry 500ml	500ml	Carbonated Water, Colour (Caramel E150d), Phosphoric Acid, Sweeteners (Aspartame, Acesulfame K), Natural Flavourings incl. Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	1.9	0.5	0	0	0	0	0	0	0.01	5	3	0	0	0	0	0	0	0	0.03
Coca Cola 500ml	500ml	Ingredients: Carbonated Water, Sugar, Colour (Caramel E150d), Acid (Phosphoric Acid), Natural Flavourings including Citrus, Acesulfame K, Acesulfame K, Natural Flavourings including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	180	42	0	0	10.6	10.6	0	0	0	450	105	0	0	0	27	27	0	0	
Coke Diet 500ml	500ml	Sweeteners (Aspartame, Acesulfame K), Natural Flavourings including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	1.6	0.4	0	0	0	0	0	0	0	4	1	0	0	0	0	0	0	0	
Coke Zero 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	1.4	0.3	0	0	0	0	0	0	0.02	4	1	0	0	0	0	0	0	0	0.05
Coke Zero Cherry 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings including Caffeine, Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	1.5	0.4	0	0	0	0	0	0	-0.01	4	1	0	0	0	0	0	0	0	0.02
Coke Zero Peach 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Natural Flavourings including Caffeine, Sweeteners (Aspartame, Acesulfame K), Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	1.7	0.4	0	0	0	0	0	0	0.01	4	1	0	0	0	0	0	0	0	0.03
Coke Zero Raspberry 500ml	500ml	Carbonated Water, Colour (Caramel E150d), Acid (Phosphoric Acid), Natural Flavourings including Caffeine, Sweeteners (Aspartame, Acesulfame K), Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	1.8	0.4	0	0	0	0	0	0	0.01	5	1	0	0	0	0	0	0	0	0.03
Fanta Zero Orange 500ml	500ml	Ingredients: Carbonated Water, Orange Fruit From Concentrate (4%), Acids (Citric Acid, Malic Acid), Sweeteners (Acesulfame K, Aspartame), Preservative (Potassium Sorbate), Natural Orange Flavouring With Other Natural Flavourings, Vegetable Concentrates (Carrot, Pumpkin), Antioxidant (Ascorbic Acid), Stabiliser (Gum Guar).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	13	3	0	0	0.5	0.5	0	0	0	33	8	0	0	1.3	1.3	0	0	0	0
Fanta Lemon 500ml	500ml	Carbonated Water, Lemon Juice from Concentrate (9%), Sugar, Acidity Regulator (Sodium Citrate), Citric Acid, Sweeteners (Acesulfame K, Aspartame), Malic Acid, Preservative (Potassium Sorbate), Stabilisers (Acacia Gum, Glyceryl Esters of Wood Resin), Natural Flavouring with Other Natural Flavourings.	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	81	19	0	0	4.5	4.5	0	0	0.02	203	48	0	0	11	11	0	0	0	0.05
Fanta Zero Exotic 500ml	500ml	Carbonated Water, Fruit Juices from Concentrate 4.4% (Orange 3.4%, Peach 0.5%, Apple 0.4%, Passion Fruit 0.1%), Citric Acid, Malic Acid, Preservative (Potassium Sorbate), Vegetable and Plant Concentrates (Carrot, Softwood), Sweeteners (Acesulfame K, Aspartame), Natural Flavourings, Stabilisers (Glyceryl Esters of Wood Resin, Guar Gum).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	13	3	0	0	0.5	0.5	0	0	0	33	8	0	0	1.3	1.3	0	0	0	0
Fanta Wildberries 500ml	500ml	Carbonated Water, Fruit Juices from Concentrate 2.2% (Apple 1.5%, Blackberry 0.7%), Raspberry 1.1%, Citric Acid, Malic Acid, Vegetable and Plant Concentrates (Carrot, Hibiscus), Sweeteners (Acesulfame K, Aspartame), Acidity Regulator (Sodium Citrate), Preservative (Potassium Sorbate), Antioxidant (Ascorbic Acid), Natural Flavourings.	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	10	2	0	0	0.3	0.3	0	0	0.02	25	5	0	0	0.8	0.8	0	0	0	0.04
Fanta Fruit Twist 500ml	500ml	Ingredients: Carbonated Water, Sugar, Fruit Juices from Concentrate 4.4% (Orange 3.4%, Peach 0.5%, Apple 0.4%, Passion Fruit 0.1%), Vegetable and Plant Concentrates (Carrot, Softwood), Acids (Citric Acid, Malic Acid), Sweeteners (Acesulfame K, Aspartame), Preservative (Potassium Sorbate), Natural Flavouring, Stabilisers (Glyceryl Esters of Wood Resin, Guar Gum).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	85	20	0	0	4.8	4.8	0	0	0	213	50	0	0	16	16	0	0	0	0
Lilt 500ml	500ml	Carbonated Water, Fruit Juices from Concentrate 5% (Pineapple, Grapefruit), Sugar, Citric Acid, Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Aspartame), Sodium Saccharin, Preservative (Potassium Sorbate), Flavouring, Stabilisers (Acacia Gum, Guar Gum, Saccharin Acetate Isobutyrate, Glyceryl Esters of Wood Resin, Colour (Carotenes)).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Please open by hand. Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	84	20	0	0	4.6	4.6	0	0	0	210	50	0	0	12	12	0	0	0	
Dt Pepper 500ml	500ml	Ingredients: Carbonated Water, Sugar, Colour (Caramel E150d), Acid (Phosphoric Acid), Sweeteners (Aspartame, Acesulfame K), Preservative (Potassium Sorbate), Natural Flavourings including Citrus, Acidity Regulator (Sodium Citrate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	85	20	0	0	4.9	4.9	0	0	0	213	50	0	0	12	12	0	0	0	
Dt Pepper Zero 500ml	500ml	Ingredients: Carbonated Water, Colour (Caramel E150d), Flavourings including Citrus, Acidity Regulator (Sodium Citrate), Sweeteners (Aspartame, Acesulfame K) Preservative (Potassium Sorbate).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	2.1	0.5	0	0	0	0	0	0	0	5	1	0	0	0	0	0	0	0	
Sprite Regular 500ml	500ml	Ingredients: Carbonated Water, Sugar, Acid (Citric Acid), Sweeteners (Acesulfame K, Aspartame), Acidity Regulator (Sodium Citrate), Natural Lemon Acid, Lime Flavouring.	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Best served chilled	250ml	61	14	0	0	3.3	3.3	0	0	0.01	153	35	0	0	8.3	8.3	0	0	0	0.03
San Pellegrino Aranciata Can 330ml	330ml	Orange Juice from Concentrate (16%), Sugar, Carbon Dioxide, Orange Extract, Acid (Citric Acid), Stabilisers (Pectin), Natural Orange Flavouring, Sweetener: Steviol Glycosides, Natural Flavourings, Sweetener from natural origin.	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Serve chilled	1	91	22	0	0	4.7	4.7	0.1	0	0	302	71 cal	0	0	15.5	15.5	0.3	0	0	
San Pellegrino Limonata Can 330ml	330ml	Water, Lemon Juice from Concentrate (11%), Lemon Juice (9%), Sugar, Carbon Dioxide, Natural Lemon Flavouring, Stabilisers (Pectin), Sweetener: Steviol Glycosides, Natural Flavourings, Sweetener from natural origin.	Store cool and dry For Best Before See Side of cap or bottle neck for date.	serve chilled	1	91	22	0	0	4.7	4.7	0.1	0	0	302	71 cal	0	0	15.5	15.5	0.3	0	0	
In Bru 500ml	500ml	Carbonated Water, Sugar, Acid (Citric Acid) Flavourings (including Caffeine, Atromycin, Folic Acid & Quinine) Sweeteners (Aspartame, Acesulfame K), Preservative (E211) Colour (Sunset Yellow FCF, Ponceau 4R).	Store in a cool dry place away from direct sunlight		2x250ml	80	19	0	0	4.5	4.5	0	-0.5	-0.01	200	47.5	0	0	11.25	11.25	0	-0.5	-0.01	
In Bru Diet 500ml	500ml	Carbonated Water, Sugar, Acid (Citric Acid) Flavourings (including Caffeine, Atromycin, Folic Acid & Quinine) Sweeteners (Aspartame, Acesulfame K), Preservative (E211) Colour (Sunset Yellow FCF, Ponceau 4R).	Store in a cool dry place away from direct sunlight		2x250ml	3	0.7	0	0	0	0	0	-0.5	-0.01	7.5	1.75	0	0	0	0	0	-0.5	-0.02	
Oasis Summer Fruits 500ml	500ml	Ingredients: Water, Sugar, Fruit Juices from Concentrate 5% (Apple 3%, Strawberry 1.5%, Redcurrant 1.2%, Cherry 0.6%), Acid (Citric Acid), Natural Flavouring With Other Natural Flavourings, Fruit And Vegetable Concentrates (Blackberry, Blackcurrant, Carrot, Apple, Hibiscus), Stabiliser (Polyphosphates), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Aspartame, Acesulfame K).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Refrigerate after opening and consume	250ml	74	17	0	0	4.1	4.1	0	0	0.08	185	43	0	0	10	10	0	0	0	0.2
Oasis Citrus Punch 500ml	500ml	Ingredients: Water, Sugar, Fruit Juices from Concentrate 5% (Orange 3.7%, Tangerine 1%, Lemon 0.5%), Acid (Citric Acid), Plant Concentrate (Softwood), Natural Orange Flavouring With Other Natural Flavourings, Stabilisers (Polyphosphates, Modified Starch, Glyceryl Esters of Wood Resin), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Aspartame, Acesulfame K).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Refrigerate after opening and consume	250ml	77	18	0	0	4.1	4.1	0	0	0.08	193	45	0	0	10	10	0	0	0	0.2
Oasis Kwal Apple Sour 500ml	500ml	Ingredients: Water, Fruit Juices from Concentrate 5% (Apple 5%, Kwad 5%), Acid (Citric Acid), Stabiliser (Polyphosphates), Preservatives (Potassium Sorbate, Sodium Benzoate), Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame K, Aspartame, Sodium Saccharin), Natural Flavourings, Fruit And Plant Concentrates (Apple, Raspberry, Softwood).	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Refrigerate after opening and consume	250ml	18	4	0	0	0.6	0.6	0	0	0.09	45	10	0	0	1.5	1.5	0	0	0	0.23
Oasis Citrus Punch Zero 500ml	500ml	Water, Fruit Juices from Concentrate 5.2% (Orange 3.7%, Mandarin 1%, Lemon 0.5%), Citric Acid, Stabilisers (Polyphosphates, Modified Starch, Glyceryl Esters of Wood Resin), Preservatives (Potassium Sorbate, Sodium Benzoate), Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame K, Aspartame, Sodium Saccharin), Vegetable Extract (Softwood), Natural Orange Flavouring with Other Natural Flavourings.	Store cool and dry For Best Before See Side of cap or bottle neck for date.	Serve chilled. Once open, refrigerate and consume within 3 days.	250ml	16	3.8	0	0	0.5	0.5	0	0	0.08	40	10	0	0	1.3	1.3	0	0	0	0.2

Daisi Summer Fruits Zero 500ml	500ml	Water, Fruit Juices from Concentrate (5% Apple 1.7%, Strawberry 1.0%, Blackcurrant 1.2%, Cherry 0.5%), Citric Acid, Natural Berry Flavouring with Other Natural Flavourings, Fruit and Vegetable Concentrates (Blueberry, Blackcurrant, Cherry, Apple, Hibiscus), Stabiliser (Polyphosphates), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Spartanone, Acesulfame K, Sodium Saccharin)	Store cool and dry For Best Before End See side of cap or bottle neck for date.	Once open, refrigerate and consume within 3 days.	250ml	14	3	0	0	0	0.5	0.5	0	0	0.00	35	8	0	0	1	1	0	0	0.23
Glaceau Vitamin Water Defence 500ml	500ml	Ingredients: spring water, flavour enhancer (erythritol), citric acid, vitamin (C, niacin, pantothenic acid, B6), fruit and vegetable concentrates ( carrot, blackcurrant), sweetener (steviol glycosides), natural flavourings, mineral salt (zinc gluconate)	Store cool and dry	after opening and consume within 3 days	250ml	5	1	0	0	1	0	0	0	0	10	3	0	0	2	0	0	0	0	0
Lipton Iced Peach 500ml	500ml x 12	Water, Sugar, Acids (Malic Acid, Citric Acid), Black Tea Extract (0.14%), Peach Juice from Concentrate (0.1%), Flavourings, Antioxidant (Ascorbic Acid), Acidity Regulator (Trisodium Citrate), Sweetener (Sorbitol Diphosphate)	Chiller		12	82	19	0.5	0.1	4.7	4.5	0	0.5	0.02	410	95	2.5	0.5	23.5	22.5	0	2.5	0.1	
Lipton Ice Tea Raspberry 500ml	500ml x 12	Ingredients: Water, Sugar, Acid (Citric Acid), Tea Extract (0.12%), Raspberry Juice from Concentrate (0.1%), Flavouring, Acidity Regulator (Trisodium Citrate), Antioxidant (Ascorbic Acid), Sweetener (Sorbitol Diphosphate)	Chiller		12	82	19	0.5	0.1	4.6	4.5	0	0.5	0.03	410	95	2.5	0.5	23	22.5	0	2.5	0.15	
Fuze Tea Mango & Chamomile 400ml	400ml	Ingredients: Green Tea Infusion (40% Water, Concentrated Green Tea Infusion) (1.5g Sugar, Mangosteen from Concentrate (1%), Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Natural Flavourings, Sweetener (Steviol Glycosides from the Stevia Plant), Camomile Extract (1.5g Chamomile Absolute Concentrate)	Store cool and dry	Best served chilled	400ML	78	19	0	0	4.3	4.3	0	0	0.03	312	76	0	0	17	17	0	0	0.12	
Fuze Tea Black Peach 400ml	400ml	Ingredients: Black Infusion (10% Water, Concentrated Black Tea Infusion) (1.5g Peach Juice from Concentrate (5%), Sugar, Acid (Citric Acid, Malic Acid), Natural Peach Flavouring, Natural Flavourings, Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Hibiscus Extract, Sweetener (Steviol Glycosides from the Stevia Plant) (1.5g), Natural Flavouring	Store cool and dry	Best served chilled	400ML	79	19	0	0	4.3	4.3	0	0	0.03	316	76	0	0	17	17	0	0	0.12	
Blackcurrant Fruit Shoot 275ml	275ml x 24	Water, Fruit Juices from Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Flavouring, Acidity Regulator (Sodium Citrate), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Carbonate), Antioxidant (Ascorbic Acid), Acidity Regulator (Sodium Citrate), Sweeteners (Sorbitol Diphosphate, Sucralose), Stabiliser (Xanthan Gum), Mannitis (Naach, B6, Biotin)	Chiller		24	18	4	0	0	0.8	0.8	0	0	0.03	49.5	11	0	0	2.2	2.2	0	0	0.0825	
Orange Fruit Shoot 275ml	275ml x 24	Ingredients: Water, Orange Juice from Concentrate (8%), Acid (Citric Acid), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Carbonate), Antioxidant (Ascorbic Acid), Acidity Regulator (Sodium Citrate), Carrot Concentrate, Sweeteners (Acesulfame K, Sucralose), Stabiliser (Xanthan Gum), Mannitis (Naach, B6, Biotin)	Chiller		24	26	6	0	0	1.2	1.2	0	0	0.03	71.5	16.5	0	0	3.3	3.3	0	0	0.0825	
Fruite Apple Juice 330ml	330ml	100% Pure Apple Juice from Concentrate	For Best Before End See side of cap or bottle neck for date.	Chill and shake well. After opening, this product should be refrigerated and consumed within 3 days.	330ml	183	43	0	0	10.5	8.5	0	0.2	0	604	142	0	0	34.7	28.1	0	0.7	0	
Fruite Orange Juice 330ml	330ml	100% Pure Orange Juice from Concentrate	For Best Before End See side of cap or bottle neck for date.	Chill and shake well. After opening, this product should be refrigerated and consumed within 3 days.	330ml	191	45	0	0	10.7	9.1	0	0.7	0.01	630	149	0	0	35.3	30	0	2.3	0.03	
Capri Sun Orange 330ml	330ml	Ingredients: Spring water, Fruit juices from concentrate (orange 7%, lemon, lime), sugar, natural flavourings (steviol glycosides), antioxidant (ascorbic acid)	Store in a cool dry place.	Best served chilled	330ml	89	21	0	0	4.6	4.9	0	0	0	283	69	0	0	16	16	0	0	0	
Nescafe Avara Nitro Americano Can 150ml	12x150ml	Water, Sugar, Soluble Coffee (1.6%), Acidity Regulator (E500), Nitrogen	Store in a cool, dry place.	Best served chilled	Single serve	49	12	trace	NI	2.5	2.5	0.6	0.1	0.05										
Nescafe Avara Nitro Latte Can 150ml	12x150ml	Sens-Slimmer Milk (7%), Water, Sugar, Soluble Coffee (1.5%), Stabiliser (E322), Nitrogen	Store in a cool, dry place.	Best served chilled	Single serve	217	52	1.2	0.07	7	6.8	0.8	2.7	0.18										
<b>BOTTLED DRINKS - WATER</b>																								
500ml Glaceau Smartwater 5TL	500ml	Ingredients: Vapour Distilled Spring Water, Electrolytes (Calcium Chloride, Magnesium Chloride, Potassium Bicarbonate)	Store in a cool and dry place, away from sunlight, strong odours and chemicals.	Open by hand	-	0	0	0	0	0	0	0	0	0	-	-	-	-	-	-	-	-	-	
500ml Glaceau Smartwater Sparkling	500ml	Ingredients: Vapour distilled carbonated spring water, electrolytes (calcium chloride, magnesium chloride, potassium bicarbonate)	Store in a cool and dry place, away from sunlight, strong odours and chemicals.	Open by hand	-	0	0	0	0	0	0	0	0	0	-	-	-	-	-	-	-	-	-	
Glaceau Smart Water 850ml	850ml	Ingredients: Vapour Distilled Spring Water, Electrolytes (Calcium Chloride, Magnesium Chloride, Potassium Bicarbonate)	Store in a cool and dry place, away from sunlight, strong odours and chemicals.	Open by hand	None	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
RiverRock Still 500ml	500ml	Deep RiverRock Still Water	For Best Before End See side of cap or bottle neck for date.	Once open, refrigerate and consume within 3 days.	500ml	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
RiverRock Sparkling 500ml	500ml	Deep RiverRock Carbonated Water	For Best Before End See side of cap or bottle neck for date.	Once open, refrigerate and consume within 3 days.	500ml	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
RiverRock Sparkling Lemon & Lime 500ml IRE	500ml	Deep RiverRock Sparkling Water 99.8%, Natural Citrus Flavouring with other Natural Flavourings, Acid (Citric Acid), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Sucralose, Acesulfame K)	For Best Before End See side of cap or bottle neck for date.	Once open, refrigerate and consume within 3 days.	200ml	7	2	0	0	0	0	0.02	18	5	0	0	0	0	0	0	0	0	0.05	
RiverRock Still 750ml	750ml	Deep RiverRock Still Water	For Best Before End See side of cap or bottle neck for date.	Once open, refrigerate and consume within 3 days.	750ml	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Aqua Panna 500ml	500ml	Natural Mineral Water	Store cool and dry For Best Before End See Side	serve chilled	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
San Pellegrino Sparkling Water 500ml	500ml	Natural Mineral Water, Natural Carbon Dioxide	Store cool and dry For Best Before End See Side	serve chilled	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Nestle Pure Life Water 330ml	330ml	Typical Values/Typical Analysis (mg/l) Calcium 0 Magnesium 0 Potassium 2 Sodium 9 Bicarbonate 84.6 Chloride 1 Sulphate 7 pH at source 6.5 Dry residue at 180°C 248.0	Store cool and dry For Best Before End See Side	NA	1 bottle	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
<b>KIDS MIX DRINKS</b>																								
Capri Sun Fruit Water (Blackcurrant) 200ml	200ml	Ingredients: Water, Blackcurrant juice from concentrate (3%), acid (citric acid), natural flavourings (steviol glycosides)	Store in a cool dry place	Super easy opening	200ML	7	2	0	0	0	0	0	0	0	14	4	0	0	0	0	0	0	0	
Capri Sun No Added Sugar (Blackcurrant & Apple) 200ml	200ml	Ingredients: Water, Fruit juices from concentrate (17.7% apple 14.3%, blackcurrant 3.2% lemon 0.2%), natural flavouring, blackcurrant puree, sweetener (steviol glycosides), CITRUS NATURAL OILS (ORANGE, LEMON, LIME), sugar, natural flavouring, sweetener (steviol glycosides), antioxidant (ascorbic acid)	Store in cool and dry place		200ML	32	8	0	0	1.9	1.6	0	0	0	64	16	0	0	3.8	3.2	0	0	0	
Capri Sun Orange 200ml	200ml	Ingredients: Water, Fruit juices from concentrate (12% orange 6.5%, lemon, lime), sugar, natural flavouring, sweetener (steviol glycosides), antioxidant (ascorbic acid)	Store in a cool dry place	after opening and consume within 3 days	200ML	89	21	0	0	4.9	4.9	0	0	0	178	42	0	0	0	0	0	0	0	
Abby Well Still 250ml	250ml	Not Applicable	Store cool and dry/away from sunlight, strong odours and chemicals.	Best served chilled	250ML	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
RiverRock Still 330ml	330ml	Deep RiverRock Still Water	For Best Before End See side of cap or bottle neck for date.	Once open, refrigerate and consume within 3 days.	330ml	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Blackcurrant Fruit Shoot 200ml	200ml x 24	Ingredients: Water, Fruit Juices from Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Carbonate), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Mannitis (Naach, B6, Biotin)	Chiller		24	20	5	0	0	0.8	0.8	0	0	0.03	40	10	0	0	1.6	1.6	0	0	0.06	
Orange Fruit Shoot 200ml	200ml x 24	Ingredients: Water, Orange Juice from Concentrate (8%), Acid (Citric Acid), Natural Flavouring, Preservatives (Potassium Sorbate, Dimethyl Carbonate), Antioxidant (Ascorbic Acid), Acidity Regulator (Sodium Citrate), Carrot Concentrate, Sweeteners (Acesulfame K, Sucralose), Stabiliser (Xanthan Gum), Mannitis (Naach, B6, Biotin)	Chiller		24	20	5	0	0	0.8	0.8	0	0	0.02	40	10	0	0	1.6	1.6	0	0	0.04	



Ben & Jerry's Cookie Dough Ice Cream 100ml	100ml	Cream (MLK) (7%), water, condensed skimmed MLK, sugar, WHEAT flour, brown sugar, free range EGG yolk, vegetable oils (coconut, fully refined soybean), butter (MLK), fat reduced cocoa powder, whole EGG, cocoa mass, molasses, vanilla extract, stabilisers (guar gum, carrageenan), flavourings, salt, cocoa butter, emulsifier (SOY lecithin), natural butter flavouring (MLK), natural vanilla flavouring. Sugar, cocoa, vanilla, traded in compliance with Fairtrade Standards, total 23%.	Store at -18 degrees C	100ml	1158	276	16	9.9	30	25		4	0.14	880	210	12	7.5	23	19		3	0.11
Ben & Jerry's Chocolate Fudge Brownie Ice Cream 100ml	100ml	Water, cream (MLK) (24%), sugar, condensed skimmed MLK, cocoa powder (4%), WHEAT flour, fat reduced cocoa powder, fully refined soybean oil, invert sugar, free range EGG yolk, whole EGG, EGG white, salt, stabilisers (guar gum, carrageenan), vanilla extract, BARLEY flour, rising agent (sodium bicarbonate), sugar (excluding invert sugar), cocoa, vanilla, traded in compliance with Fairtrade Standards, total 20%.	Store at -18 degrees C	100ml	1062	253	12	7.4	31	28		4.2	0.21	807	192	9.3	5.7	24	21		3.2	0.16
Ben & Jerry's Caramel Chew Chew Ice Cream 100ml	100ml	Cream (MLK) (20%), water, sugar, condensed skimmed MLK, glucose syrup, vegetable oils (coconut, sunflower), free range EGG yolk, butter (MLK), whole MLK powder, reduced fat cocoa powder, skimmed MLK powder, stabilisers (guar gum, carrageenan), salt, emulsifier (SOY lecithin), acidity regulator (potassium bicarbonate), citric acid, natural vanilla flavour, vanilla extract. May contain nuts. Sugar, cocoa, vanilla, traded in compliance with Fairtrade Standards, total 20%.	Store at -18 degrees C	100ml	1158	276	16	11	30	27		3.5	0.18	904	215	12	8.6	23	21		2.7	0.14
Ben & Jerry's Vanilla Ice Cream 100ml	100ml	CREAM (24%), water, condensed skimmed MLK, sugar, free range EGG yolk, vanilla extract, stabilisers (guar gum, carrageenan). Sugar, vanilla, traded in compliance with Fairtrade Standards, total 12%.	Store at -18 degrees C	100ml	975	232	15	9.6	20	20		4	0.14	702	167	11	6.9	14	14		2.9	0.1
Ben & Jerry's Moonpie Caramel Brownie Ice Cream 100ml	100ml	Reconstituted skimmed MLK, sugar, cream (MLK), glucose syrup, WHEAT flour, water, free range EGG yolk, fat reduced cocoa powder, vegetable oil (fully refined soy, sunflower), invert sugar, EGG white powder, stabiliser (guar gum, locust bean gum), salt, vanilla extract, acidity regulator (citric acid), rising agent (sodium bicarbonate). Sugar (except for invert sugar), cocoa, vanilla, traded in compliance with Fairtrade Standards, total 24%.	Store at -18 degrees C	100ml	883	210	6.4	3.5	33	23		4.7	0.15	512	122	3.7	2	19	14		2.7	0.09
Ben & Jerry's Chunky Monkey Non Dairy Ice Cream 100ml	100ml	Water, glucose syrup, sugar, coconut oil, WALNUTS (banana puree(7%)), brown sugar, glucose-fructose syrup, fat-reduced cocoa powder, ALMOND paste (2%), pea protein, emulsifiers (sunflower lecithin, SOY lecithin), stabilisers (guar gum, locust bean gum), vanilla extract, lemon juice from concentrate, natural flavourings. May contain other nuts. Sugar, cocoa, banana, vanilla, traded in compliance with Fairtrade Standards, total 30%.	Store at -18 degrees C	100ml	1150	273	15	8.8	33	27		2.3	0.05	909	216	12	7	26	21		1.8	0.05
Ben & Jerry's Witch Cookie Dough Ice Cream Sandwich 80ml	80ml	Sugar, WHEAT flour, CREAM (13%), water, condensed skimmed MLK, MLK fat, free range EGG yolk, cocoa mass, brown sugar, fat reduced cocoa powder, EGG, SOYBEAN oil, rising agent (sodium bicarbonate), cocoa butter, molasses, salt, stabilisers (guar gum, locust bean gum), vanilla extract, natural BUTTER flavouring, natural vanilla flavouring, natural brown sugar flavour with other natural flavourings, emulsifier (SOY lecithin). May contain nuts and peanuts. Sugar, vanilla, cocoa, traded in compliance with Fairtrade Standards.	Store at -18 degrees C	80ml	1413	337	14	9.3	47	30		4.7	0.28	918	219	9.1	6	31	20		3.1	0.17
Ben & Jerry's Witch Peanut Butter Ice Cream Sandwich 80ml	80ml	Sugar, WHEAT flour, water, cream (MLK) (12%), condensed skimmed MLK, butter (MLK), PEANUTS, vegetable oils (coconut, rapeseed, fully refined soybean), PEANUTS, fat reduced cocoa powder (1.3%), free range EGG yolk, whole MLK powder, skimmed MLK powder, salt, cocoa powder, raising agent (sodium bicarbonate), stabilisers (guar gum, locust bean gum), emulsifier (SOY lecithin), natural vanilla flavouring with other natural flavourings. May contain nuts, sugar, cocoa, vanilla, traded in compliance with Fairtrade Standards.	Store at -18 degrees C	80ml	1587	379	20	11	43	28		6.3	0.51	1032	246	13	7.2	28	18		4.1	0.33
Carte D'or Strawberry Ice Cream 100ml	100ml	Reconstituted skimmed MLK, strawberry puree (22%), sugar, glucose-fructose syrup, coconut oil, whey solids (MLK), glucose syrup, skimmed MLK powder or concentrate, beetroot juice concentrate, lemon juice concentrate, carrot juice concentrate, emulsifier (mono- and diglycerides of fatty acids), stabilisers (carrageenan, locust bean gum, guar gum), natural flavouring, acidity regulator (citric acid), colour (sourness). May contain gluten, egg, nuts and peanuts.	Store at -18 degrees C	100ml	701	167	5.9	5.3	25	23		2.8	0.14	350	84	2.9	2.7	13	11		1.4	0.07
Carte D'or Chocolate Ice Cream 100ml	100ml	Reconstituted skimmed MLK, glucose-fructose syrup, glucose syrup, sugar, coconut oil, water, fat-reduced cocoa powder (3%), cocoa mass (1.3%), whey solids (MLK), emulsifier (mono- and diglycerides of fatty acids, ammonium phosphates), stabilisers (sodium alginate). May contain gluten, eggs, nuts and almonds.	Store at -18 degrees C	100ml	911	217	9.6	8.2	28	23		3.3	0.13	456	109	4.8	4.1	14	11		1.7	0.07
Walt's Calippo Orange Ice Lily 105ml	105ml	Water, orange juice from concentrate (20%), sugar, glucose syrup, apple juice from concentrate (2%), fructose syrup, acidity regulator (citric acid), stabilisers (locust bean gum, tara gum), colours (guanine extract, curcumin), flavourings. May contain MLK, Gluten free.	Store at -18 degrees C	105ml	400	95	-0.5	-0.5	23	19		-0.5	-0.013	420	100	-0.5	-0.5	24	20		-0.5	-0.013
Walt's Taster Ice Cream Lily 80ml	80ml	Water, sugar, reconstituted skimmed MLK, glucose syrup, lemon juice (4.5%), strawberry juice (6%), fructose syrup, malic acid, pineapple juice (4%), coconut oil, whey solids (MLK), glucose-fructose syrup, stabilisers (locust bean gum, guar gum, carrageenan), flavourings (vanillin, MLK), acidity regulator (citric acid), colours (phosphoryl, curcumin), electrolyte (potassium citrate), beetroot juice concentrate, emulsifier (mono- and diglycerides of fatty acids), Gluten free.	Store at -18 degrees C	80ml	445	106	1.1	0.9	22	18		0.5	0.03	316	75	0.7	0.6	16	13		0.5	0.02
Cometto Strawberry Ice Cream Cone 120ml	120ml	Reconstituted skimmed MLK, sugar, strawberry puree (5%), WHEAT flour, vegetable oils (coconut, sunflower), glucose syrup, fructose, strawberry juice from concentrate (1%), fat-reduced cocoa powder, cocoa butter, emulsifier (sunflower lecithin, mono- and diglycerides of fatty acids, ammonium phosphates), whole MLK powder, potato starch, stabilisers (locust bean gum, guar gum, carrageenan), salt, acidity regulator (citric acid), caramelised sugar syrup, beetroot juice concentrate, whey solids, MLK, flavourings (contains MLK). May contain soy.	Store at -18 degrees C	120ml	1072	256	10	8.4	38	25		2.1	0.18	804	192	7.8	6.3	28	19		1.6	0.14
Walt's Sorbetto Ice Cream Lily 90ml	90ml	Reconstituted skimmed MLK, sugar, water, peach puree (7%), glucose-fructose syrup, passion fruit juice (6%), pineapple juice from concentrate (6%), mango puree (6%), coconut oil, whey solids (MLK), stabilisers (locust bean gum, guar gum, carrageenan), emulsifier (mono- and diglycerides of fatty acids), colour (carotenes), acidity regulator (citric acid), natural flavouring (contains MLK), Gluten free.	Store at -18 degrees C	90ml	604	144	3	2.7	27	25		1.7	0.08	411	98	2.1	1.9	18	17		1.2	0.08
Kinder Bueno Ice Cream Cone 90ml	90ml	Reconstituted skimmed MLK, sugar, vegetable oils (coconut, sunflower in varying proportions), WHEAT flour, cream (MLK), HAZELNUT paste (5%), water, glucose-fructose syrup, skimmed MLK powder, glucose syrup, whole MLK powder, whey solids (MLK), dextrose, fat-reduced cocoa powder, buttered MLK, cocoa mass, potato starch, emulsifiers (mono- and diglycerides of fatty acids, SOYBEAN lecithin, sunflower lecithin, ammonium phosphates), caramelised sugar syrup, stabilisers (locust bean gum, guar gum, carrageenan), cocoa butter, salt, flavouring. May contain egg, other nuts.	Store at -18 degrees C	90ml	1423	340	19	11	36	26		4.9	0.25	854	204	11	6.4	22	16		2.9	0.15
Kinder Ice Cream Stick 36ml	36ml	Pasteurised whole MLK, reconstituted skimmed MLK, sugar, glucose-fructose syrup, glucose syrup, cocoa butter, whole MLK powder, cream (MLK), fructose syrup, butter (MLK), cocoa mass, skimmed MLK powder or concentrate, emulsifier (mono- and diglycerides of fatty acids, SOY lecithin), stabilisers (guar gum, locust bean gum, carrageenan), flavourings.	Store at -18 degrees C	36ml	964	229	11	6.7	30	23		3.1	0.11	260	62	2.9	1.8	8.1	6.1		0.8	0.03
Magnum Ruby	90ml	Reconstituted skimmed MLK, sugar, water, cocoa butter (3%), skimmed MLK powder, glucose syrup, coconut oil, butter of (MLK), fructose, raspberry puree(2%), whey concentrate (MLK), cocoa mass (1%), glucose-fructose syrup, emulsifier (E471, E322, E476, E442), whole MLK powder, stabilisers (E410, E412, E407), acidity regulator (E330). Flavourings. May contain: soy and almonds.	Store at -18 degrees C	90ml	1274	304	16	11	34	28		4.6	0.16	917	219	12	7.8	25	20		3.3	0.12
Magnum double chocolate and Strawberry	88ml	Reconstituted skimmed MLK, sugar, coconut oil, glucose-fructose syrup, cocoa mass, strawberry puree (5.5%), glucose syrup, cocoa butter, cream (MLK), whole MLK powder, fructose syrup, butter of (MLK), strawberry juice concentrate (1.5%), whey solids (MLK), fat reduced cocoa powder, modified starch, emulsifiers (E471, E476, E442), stabilisers (E410, E440, E412, E407), skimmed MLK powder, carrot juice concentrate, acidity regulators (E330, E331), lemon juice concentrate, salt flavourings. May contain: soy and almonds.	Store at -18 degrees C	88ml	1390	332	20	14	33	26		3.1	0.12	1015	242	15	10	24	19		2.3	0.09
Cometto neerland	120ml	Reconstituted skimmed MLK, sugar, raspberry puree (11%), WHEAT flour, vegetable oils (coconut, sunflower), glucose syrup, raspberry juice from concentrate (3%), lemon juice from concentrate, fructose, cocoa butter, fat-reduced cocoa powder, potato starch, whole MLK powder, emulsifiers (mono- and diglycerides of fatty acids, sunflower lecithin, ammonium phosphates), SOYBEAN lecithin, stabilisers (locust bean gum, guar gum, carrageenan), acidity regulator (citric acid), sweet potato juice concentrate, salt, matcha green tea powder, beetroot juice concentrate, flavourings, apple carrot juice concentrate, WHEAT starch, apple juice concentrate, glazing agents (guar gum, xanthan), whey solids (MLK), malted WHEAT flour, rice flour, spirulina, raising agents (potassium bicarbonate, ammonium bicarbonate). May contain: egg, barley, almonds, hazelnut and walnut.	Store at -18 degrees C	120ml	1046	250	9.4	7.2	38	28		2	0.17	827	197	7.4	5.7	30	22		1.6	0.13
Sharing bits of cookie dough chunks	170ml	WHEAT flour, brown sugar, sugar, butter (MLK), fully refined soybean oil, EGG, water, cocoa mass, molasses, vanilla extract, salt, cocoa butter, emulsifier (SOY lecithin). Sugar, cocoa, vanilla, mass balance is used to match Fairtrade sourcing, total 45%.	Store at -18 degrees C	28g	1769	423	15	6.7	67	40		4	0.43	495	118	4.3	1.9	19	11		1.1	0.12
Cone Together 100ml	100ml	Cream (MLK) (20%), sugar, water, condensed skimmed MLK, glucose syrup, free range EGG yolk, WHEAT flour, cocoa butter, whole MLK powder, butter (MLK), cocoa mass, salt, vanilla extract, vegetable oils (sunflower, rapeseed), skimmed MLK powder, stabilisers (pectin, guar gum, carrageenan), cocoa powder, lactose (MLK), BARLEY malt extract, MLK protein, natural vanilla flavouring, emulsifier (SOY lecithin), raising agent (sodium carbonate). May contain: almond, hazelnut and walnut.	Store at -18 degrees C	100ml	1153	272	15	9.3	31	28		4.2	0.42	865	204	11	7	23	21		3.1	0.32



BJJ Mophoria Choc Cookie Dough 100ml	100ml	Reconstituted skimmed <b>MLK</b> , sugar, condensed skimmed <b>MLK</b> , glucose syrup, cream <b>MLK</b> , cocoa powder (5.5%), <b>WHEAT</b> flour, brown sugar, free range <b>EGG</b> yolk, butter ( <b>MLK</b> ), fully refined soybean oil, <b>EGG</b> , chocolate mass, water, molasses, stabilisers (guar gum, locust bean gum), vanilla extract, cocoa butter, salt, emulsifier ( <b>SOY</b> lecithins). Sugar, cocoa, vanilla: traced in compliance with Fairtrade standards, total 24%.	Store at -18 degrees C		100ml	883	210	6.4	3.5	33	23		4.7	0.15	512	122	3.7	2	19	14		2.7	0.09	
BJJ Strawberry Cheesecake 100ml	100ml	Cream ( <b>MLK</b> ) (24%), water, sugar, condensed skimmed <b>MLK</b> , strawberry puree (9%), strawberry pieces (5%), vegetable oils (fully refined soybean, rapeseed), long sugar, free range <b>EGG</b> yolk, corn starch, <b>WHEAT</b> flour, whole <b>WHEAT</b> flour, cream cheese ( <b>MLK</b> ) (5.5%), <b>MLK</b> fat, stabilisers (pectin, guar gum, locust bean gum, carrageenan), lemon juice concentrate, salt, emulsifier ( <b>SOY</b> lecithins), molasses, honey, rising agent (sodium bicarbonate), natural flavouring, strawberry juice concentrate, acidity regulator (acetic acid). Sugar (excluding long sugar), honey: traced in compliance with Fairtrade standards, total 16%.	Store at -18 degrees C		100ml	1037	247	14	7.3	27	24		3.2	0.22	746	178	9.9	5.2	20	17		2.3	0.16	
Peace Pop	80ml	Sugar, water, skimmed <b>MLK</b> powder, cream ( <b>MLK</b> ) (14%), vegetable oils (sunflower, fully refined soybean), <b>WHEAT</b> flour, coconut fat, <b>EGG</b> yolk, cocoa mass, glucose syrup, fat-reduced cocoa powder, butter ( <b>MLK</b> ), brown sugar, salt, emulsifiers ( <b>SOY</b> lecithins, surfactant lecithin), stabilisers (guar gum, locust bean gum), molasses, cocoa butter, <b>EGG</b> , flavourings, whole <b>MLK</b> powder, <b>MLK</b> fat, vanilla extract. May contain nuts. *Sugar, cocoa, vanilla: mass balance is used to match Fairtrade sourcing, total 25%F. F Visit <a href="#">our website</a> for more information. <b>Tree nuts: hazelnut.</b>	Frozen at -18 degrees. For BBD see pack		1 portion	1473	302	22	9.7	33	28		4.6	0.38	1016	243	15	6.7	23	19		3.2	0.26	
Cometto Soft Vanilla and Chocolate	140ml	Reconstituted skimmed <b>MLK</b> , sugar, coconut oil, <b>WHEAT</b> flour, dextrose, glucose-fructose syrup, fructose, soluble corn fibre, sunflower oil, fat reduced cocoa powder, emulsifiers (mono- and diglycerides of stearic acid, surfactant lecithins, ammonium phosphatides), potato starch, stabilisers (guar gum, locust bean gum, carrageenan), salt, flavouring, caramelised sugar syrup. <b>May contain hazelnut.</b>	Frozen at -18 degrees. For BBD see pack		1 portion	1111	265	12	9.8	35	26		3.1	0.21	900	215	9.4	7.9	20	21		2.5	0.17	
Twister Peak-A-Blue	70ml	Water, sugar, glucose syrup, lemon juice (2%) (1), apple juice (4.5%), strawberry juice (4%) (1), fructose, lemon juice (3.5%) (1), stabilisers (guar gum, locust bean gum), strawberry puree (0.2%), acidity regulator (citric acid), spirulina concentrate, flavourings, strawberry juice concentrate, beetroot juice concentrate, colour (curcumin) (1) from concentrate. <b>May contain hazelnut. Gluten free. Allergen Free List.</b>	Frozen at -18 degrees. For BBD see pack		1 portion	386	92	<0.5	<0.1	22	17		<0.5	<0.02	278	66	<0.5	<0.1	16	12		<0.5	<0.01	
Magnum Mint	100ml	Ingredients: Reconstituted skimmed <b>MLK</b> , sugar, cocoa butter, cocoa mass, rounded off glucose syrup, whole <b>MLK</b> powder, fructose, butter ( <b>MLK</b> ), vanillaflavour ( <b>EGG</b> ), <b>SOY</b> lecithin, (E476), whey solids ( <b>MLK</b> ), stabilisers (E410, E412, E407), <b>Flavouring</b> <b>MLK</b> . <b>May contain: nuts, Gluten free. *Fairtrade Alliance Certified!</b>	Frozen at -18 degrees. For BBD see pack		1 portion	1269	303	18	13	30	26		3.1	0.1	990	236	14	9.9	24	21		2.4	0.08	
Magnum Ruby	90ml	Reconstituted skimmed <b>MLK</b> , sugar, water, cocoa butter (8%), skimmed <b>MLK</b> powder, glucose syrup, coconut oil, butter ( <b>MLK</b> ), fructose, raspberry puree (2%), whey concentrate ( <b>MLK</b> ), cocoa mass (1%), glucose-fructose syrup, emulsifier (E471, E322, E476, E442), whole <b>MLK</b> powder, stabilisers (E410, E412, E407), acidity regulator (E330), flavourings. <b>May contain: soy and almonds.</b>	Store at -18 degrees C		90ml	1274	304	16	11	34	28		4.6	0.16	917	219	12	7.8	25	20		3.3	0.12	
<b>JUDES ICE CREAM</b>																								
Judes Salted Caramel ice cream	100ml	Ingredients: fresh whole <b>milk</b> , fresh double cream ( <b>milk</b> ) (16%), caramel (13%) (sweetened condensed <b>milk</b> , glucose-fructose syrup, sugar, water), sugar, skimmed <b>milk</b> powder, pasteurised free range <b>egg</b> yolk, burnt sugar syrup, English sea salt, stabilisers (locust bean gum and guar gum). <b>For allergens see ingredients in bold. May also contain traces of nuts and peanuts.</b>	Store frozen at less than -18 C	None	1 unit	567	135	7.0	4.3	15.0	15		N/A	2.7	0.30	567	135	7.0	4.3	15.0	15	N/A	2.7	0.30
Judes Very Vanilla ice cream	100ml	Ingredients: fresh whole <b>milk</b> , fresh double cream ( <b>milk</b> ) (14%), sugar, skimmed <b>milk</b> powder, pasteurised free range <b>egg</b> yolk, dextrose, Madagascar Bourbon vanilla extract, stabilisers (locust bean gum and guar gum), spent vanilla bean. <b>For allergens see ingredients in bold. May also contain traces of nuts and peanuts.</b>	Store frozen at less than -18 C	None	1 unit	515	123	6.4	3.8	13	13		N/A	3	0.1	515	123	6.4	3.8	13	13	N/A	3	0.1
Judes Truly Chocolate ice cream	100ml	Ingredients: fresh whole <b>milk</b> , sugar, fresh double cream ( <b>milk</b> ) (9%), skimmed <b>milk</b> powder, Colombian cocoa (3%) (cocoa mass, contains cocoa solids & 1% imperium), cocoa powder, pasteurised free range <b>egg</b> yolk, stabilisers (locust bean gum and guar gum), vanilla extract. <b>For allergens see ingredients in bold. May also contain traces of nuts and peanut.</b>	Store frozen at less than -18 C	None	1 unit	560	133	6.5	3.6	15	14		N/A	3.2	0.09	560	133	6.5	3.6	15	14	N/A	3.2	0.09
Judes Strawberries & Cream ice cream	100ml	Ingredients: fresh whole <b>milk</b> , fresh double cream ( <b>milk</b> ) (14%), sugar, strawberry puree (12%), strawberries in syrup (5%) (strawberries (50%), sugar, water), skimmed <b>milk</b> powder, pasteurised free range <b>egg</b> yolk, lemon juice, dextrose, stabilisers (locust bean gum and guar gum), natural flavouring, spirulina extract, beetroot juice. <b>For allergens see ingredients in bold. May also contain traces of nuts and peanuts.</b>	Store frozen at less than -18 C	None	1 unit	561	133	6.3	3.8	16	16		N/A	2.9	0.10	561	133	6.3	3.8	16	16	N/A	2.9	0.10
Judes Mango Sorbet	100ml	Ingredients: alphonso mango pulp (40%), water, sugar, lime juice, glucose syrup, stabilisers (xanthan gum, pectin and guar gum). <b>For allergens see ingredients in bold. Made at a site that handles milk, egg, nuts, and peanuts.</b>	Store frozen at less than -18 C	None	1 unit	315	74	0.1	0.0	18	17		N/A	0.2	0.00	315	74	0.1	0.0	18	17	N/A	0.2	0.00
Judes Low Calorie Vegan Chocolate ice cream	100ml	Ingredients: water, coconut milk (14%), soluble corn fibre, glucose syrup, sweetener: erythritol, sugar, cocoa powder, emulsifier: mono and di glycerides of fatty acids, stabilisers: locust bean gum, guar gum and carrageenan, natural flavourings, sweetener: steviol glycosides (stevia), vanilla extract, sea salt. <b>For allergens see ingredients in bold. May also contain traces of nuts and peanuts.</b>	Store frozen at less than -18 C	None	1 unit	306	73	2.6	1.9	10.9	4.8		N/A	0.7	0.08	306	73	2.6	1.9	10.9	4.8	N/A	0.7	0.08
For all our products available from our Franchise Partners, Costa, Coffee Republic and Crona currently being served in our Debon Coaks stores. If you can please select the links on the Allergen webpage to print off the necessary Nutritional and Allergen Information. Please note this data is accurate up until the point where the products enter the store. Once displayed the allergen status of the products is likely to change.																								