

COFFEE REPUBLIC

NUTRITION AND ALLERGEN GUIDE

INTRODUCTION

To try and help our customers make the right choice we publish nutritional information for calories (kcal) and saturated fats (grams) on the pricing labels for “loosely” sold items as well as the relevant 14 key symbols for allergens.

For pre-packaged items e.g. crisps, chocolate bars and cake bars, the required information is available on the back of pack.

NUTRITIONAL INFORMATION

Nutritional information is provided per portion.

The data on the following Nutritional information is available for each product that we sell in the following pages:

Energy and kcal, Fat, Saturated Fat, Carbohydrates, Sugar, Protein and Sodium.

Drinks

Please note that all our drinks nutritional information has been calculated using published available data. Milk based drinks have been calculated using fresh semi-skimmed milk may be subject to some natural seasonal variation.

Coffee drinks are calculated using the Coffee Republic Italian Blend (caffeinated) made to our brand standard.

Please note: Information for decaffeinated coffee will be the same.



ALLERGEN INFORMATION

We fully understand that allergic reactions can make some people very ill and in extreme cases may lead to death. We want to do our best to make sure our customers don't consume the foods and drinks they are allergic to. We can't guarantee our food is suitable for those with allergies, but to make things as easy as possible, we've put together this handy guide with information about any allergens contained within our products.

Please remember to check our guide regularly as recipes do change from time to time.

We list the presence of the following allergens in our food and drinks: Eggs, Milk, Fish, Crustaceans (like crayfish), Molluscs (like mussels, oysters & squid), Peanuts, Tree Nuts, Sesame, Cereals Containing Gluten (these are wheat, rye and barley), Soya, Celery & Celeriac, Mustard, Lupin, Sulphur Dioxide and Sulphites.



Peanuts



Nuts



Crustaceans
(Shellfish)



Molluscs
(Shellfish)



Fish



Eggs



Milk



Cereals
containing
Gluten



Soya



Sesame
seeds



Celery



Mustard



Lupin



Sulphur
Dioxide

NB: We have taken all reasonable steps to ensure that the information provided within the tables is accurate. However, please note that whilst we take as much care as possible in our in-house kitchens we cannot rule out the risk of cross contamination. The allergen status of products may change once displayed or heated.

Your statutory rights are not affected.

ALLERGEN INFORMATION

Allergy data detailed in the tables has been derived from technical specifications obtained from the suppliers of the products.

'No' means that the allergen is not part of the product.

'Yes' means that the allergen is present and indicates that the product is therefore not suitable for a customer with an allergy or intolerance to it.

Dairy includes all products containing milk or milk derivatives e.g. cheese, butter, yoghurt.

The Nut column indicates the presence of the following; almonds, Brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

Vegetarians/Vegans

The 'Yes in the column means suitable for Vegetarians/Vegans'.

Key

Allergens Column

YES =Contains allergen NO =Does not contain allergen

Vegetarian/Vegan Columns

YES =Suitable for this diet NO =Unsuitable for this diet

Disclaimer

The Food Information to Consumer Regulations ("FIC"), which are applicable from 13 December 2014, require us to make available allergen information for products, to provide greater access to key information and, therefore, choice to the consumer.

Coffee Republic is committed to supporting and assisting our customers in complying with our obligations under the FIC, and has compiled the following allergen information based on information provided by such suppliers. This information is provided in good faith by Coffee Republic, as a tool for our customers, but it should be noted that Coffee Republic is reliant on the accuracy and completeness of allergen information provided by its suppliers. This information applies to the deliberate ingredients used in the product.

Whilst Coffee Republic does what it can to ensure that this information is up-to-date and accurate, Coffee Republic cannot be responsible for any inaccuracies or omissions in this information by its suppliers.

BREAKFAST NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
Bacon Roll	1455.7	346.2	12.4	4.2	39.6	3.2	2.9	0.0	17.8	2.2
Sausage in a Roll	1884.9	449.4	18.0	6.0	49.0	4.2	3.8	0.0	21.0	2.8
Cheese & Tomato Roll	1281.1	304.5	9.9	5.0	40.2	3.9	2.7	0.0	12.4	1.2
Full English Breakfast Roll	1846.4	369.8	13.9	3.8	41.5	4.6	2.8	0.0	18.8	2.1
Salmon & Egg Croissant	2200.6	471.3	28.5	13.7	38.4	6.0	1.2	0.0	15.1	1.7
Ham & Cheese Croissant	1966.9	470.9	26.2	16.1	38.1	5.7	1.4	0.0	20.1	1.8
Egg & Bacon Croissant	2561.3	557.7	34.3	16.5	38.8	6.4	1.4	0.0	23.2	2.7
Smoked Salmon & Cream Cheese Bagel	1789.5	425.4	11.7	4.0	59.0	6.5	3.0	0.1	19.3	1.8
Bacon Bagel	1722.0	408.8	10.0	3.9	58.8	6.2	3.1	0.1	19.3	1.8
Bircher	1172.8	278.4	4.4	1.5	47.9	25.7	3.1	0.0	9.9	0.2
Raspberry Yoghurt Granola	1729.5	410.6	9.2	3.7	66.7	34.7	5.1	0.0	12.7	0.2
Strawberry Yoghurt Granola	1730.7	410.6	9.2	3.7	67.0	35.0	4.9	0.0	12.6	0.2
Raspberry Yoghurt	979.2	231.5	1.7	1.0	47.3	41.1	0.6	0.0	6.3	0.2
Strawberry Yoghurt	981.6	231.5	1.7	1.0	47.8	41.7	0.2	0.0	6.2	0.2
Granola Cereal	1574.6	374.5	11.3	4.7	52.7	19.0	5.6	0.0	12.7	0.3
Porridge (Semi Skimmed Milk)	1248.0	297.9	7.4	2.4	43.5	8.1	5.4	0.0	11.7	0.3
Full English Breakfast	3671.7	879.1	48.7	19.2	58.4	7.7	6.0	0.0	48.8	6.5
Baked Beans on Toast	576.4	136.0	0.4	0.0	25.1	3.4	3.4	0.0	6.3	0.7
Scrambled Egg on Toast	854.5	203.5	8.3	2.0	18.9	1.3	1.0	0.0	12.8	1.4
Hot Toast	786.0	188.3	11.7	7.3	17.0	0.7	1.0	0.0	3.3	0.6

COFFEE REPUBLIC BREAKFAST ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan
	Wheat	Barley	Oats	Rye																
Bacon Roll	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Trace	No	No	No	No	No	No
Sausage in a Roll	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Trace	No	No	No	No	No	No
Cheese & Tomato Roll	Yes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	Trace	No	No	No	No	Yes	No
Full English Breakfast Roll	Yes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	Trace	No	No	No	No	No	No
Salmon & Egg Croissant	Yes	No	No	No	No	Yes	Yes	No	Trace	Yes	No	No	Yes	No	No	No	No	No	No	No
Ham & Cheese Croissant	Yes	No	No	No	No	Yes	No	No	Trace	Yes	No	No	No	No	No	No	No	No	No	No
Egg & Bacon Croissant	Yes	No	No	No	No	Yes	No	No	Trace	Yes	No	No	Yes	No	No	No	No	No	No	No
Smoked Salmon & Cream Cheese Bagel	Yes	Yes	No	Yes	No	No	Yes	No	No	Yes	No	No	No	Trace	No	No	No	No	No	No
Bacon Bagel	Yes	Yes	No	Yes	No	No	No	No	No	Yes	No	No	No	Trace	No	No	No	No	No	No
Bircher	Trace	Trace	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Granola	Trace	No	Yes	No	No	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	Yes	No
Yoghurt Pot	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Porridge	Trace	Trace	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Hot Toast	Yes	Yes	Trace	Trace	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Full English Breakfast	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Baked Beans on Toast	Yes	Yes	Trace	Trace	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
Scrambled Egg on Toast	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No

SANDWICHES NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
Free Range Egg and Cress	1996.9	336.3	14.4	2.8	36.2	2.3	2.0	0.0	15.2	1.4
Chicken and Bacon	2041.0	365.8	13.6	3.0	39.1	4.4	2.5	0.0	21.0	2.3
British Wiltshire Ham and Egg	2114.4	364.3	14.4	2.7	37.6	2.6	2.6	0.0	20.3	2.3
BLT	2112.8	378.3	16.8	4.3	38.3	4.4	2.4	0.0	18.0	2.5
Cheddar & Caramelised Onion Chutney	2307.0	488.2	23.6	12.5	45.2	10.3	2.6	0.0	22.8	2.0
Free Range Egg and Cress	1996.9	336.3	14.4	2.8	36.2	2.3	2.0	0.0	15.2	1.4
Tuna mayonnaise and Rocket	1830.8	342.2	11.3	1.7	36.0	2.4	2.3	13.0	23.4	1.4
British Wiltshire Ham and Salad	1498.1	292.7	6.3	1.2	40.1	5.5	2.6	0.0	17.8	2.0
Chicken and Avocado	1860.1	358.8	11.1	1.8	40.2	3.3	4.2	0.0	22.8	1.4
Smoked Salmon and Rocket	1318.3	314.2	13.1	3.3	34.0	1.4	2.2	0.0	14.1	1.9
Crayfish and Roquette	1134.3	269.2	6.4	0.7	35.4	1.8	2.3	0.0	16.6	1.8

COFFEE REPUBLIC SANDWICHES ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan
	Wheat	Barley	Oats	Rye																
Chicken and Bacon	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No
Ham and Eggs	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No
BLT	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No
Cheese & Caramelised Onion Chutney	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	No	Yes	No	Yes	No	No	No	Yes	No
Egg & Cress	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No
Tuna Mayo	Yes	Yes	Trace	Trace	No	Yes	Yes	No	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No
Ham Salad	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No
Chicken Avocado	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No
Salmon & Roquette	Yes	Yes	Trace	Trace	No	No	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No
Crayfish & Roquette	Yes	Yes	Trace	Trace	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No
Goats Cheese	Yes	Yes	Trace	Trace	No	No	No	No	Yes	Yes	No	No	No	No	Yes	No	No	No	Yes	No
Indian Summer Twist	Yes	Yes	Trace	Trace	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No

TOASTIES NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
Tuna Melt	2041.3	470.5	17.0	8.7	50.8	3.7	3.1	6.2	27.4	2.2
Chicken & Bacon	2351.1	432.8	13.2	3.1	51.4	2.7	2.9	0.0	26.5	2.6
Pulled Pork	2224.0	528.8	19.7	10.1	57.3	8.9	3.4	0.0	29.2	2.2
Cheese & Tomato	1797.5	426.5	13.9	8.2	54.6	7.2	3.1	0.0	19.7	1.9
Ham & Cheese	2149.2	512.0	22.6	11.0	49.0	1.8	3.0	0.0	27.0	2.7
Tuna Melt	2041.3	470.5	17.0	8.7	50.8	3.7	3.1	6.2	27.4	2.2
Cheese & Caramelised Onion Chutney	2146.6	510.6	20.1	12.1	56.7	8.3	3.2	0.0	24.5	2.2
Cheese and Marmite	2386.9	569.3	27.6	14.5	51.5	1.8	2.9	0.0	27.8	3.4

COFFEE REPUBLIC TOASTIES ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan	
	Wheat	Barley	Oats	Rye																	
Chicken & Bacon Toastie	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No
Pulled Pork Toastie	Yes	Yes	Trace	Trace	No	No	No	No	Yes	Yes	No	No	Yes	No	Yes	No	No	No	No	No	No
Cheese & Tomato Toastie	Yes	Yes	Trace	Trace	No	No	No	No	Yes	Yes	No	No	Yes	No	No	No	No	No	No	Yes	No
Ham & Cheese Toastie	Yes	Yes	Trace	Trace	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No
Tuna Melt Toastie	Yes	Yes	Trace	Trace	No	Yes	Yes	No	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	No
Cheese and Caramelised Onion Chutney	Yes	Yes	Trace	Trace	No	No	No	No	Yes	Yes	No	No	No	No	Yes	No	No	No	No	Yes	No
Cheese and Marmite Toastie	Yes	Yes	Yes	Yes	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	Yes	No

BAGUETTES NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
Ploughmans no Ham	2393.0	568.8	14.7	8.3	82.0	16.1	6.7	0.0	23.7	2.1
Ham & Cheese	2840.1	620.7	20.7	9.5	70.7	5.4	6.4	0.0	35.0	3.6
Brie & Cranberry	2680.7	637.9	21.0	13.8	87.0	23.2	6.1	0.0	22.4	2.3
Tuna & Cucumber	2463.3	541.1	12.0	1.9	69.3	5.3	6.0	18.6	36.4	2.1
Egg, Bacon & Mayo	2812.7	585.9	19.8	5.4	69.6	5.4	5.9	0.0	29.9	3.3
Ploughmans no Ham	2393.0	568.8	14.7	8.3	82.0	16.1	6.7	0.0	23.7	2.1
Ploughmans Ham	2619.4	622.8	16.5	8.8	82.6	16.2	6.9	0.0	32.6	3.0

COFFEE REPUBLIC BAGUETTES ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan	
	Wheat	Barley	Oats	Rye																	
Ham & Cheese Baguette	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	Yes	Trace	No	No	No	No	No	Yes	No
Brie & Cranberry Baguette	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Trace	No	No	No	No	No	Yes	No
Tuna & Cucumber Baguette	Yes	No	No	No	No	Yes	Yes	No	No	No	No	No	Yes	Trace	No	No	No	No	No	No	No
Egg, Bacon & Mayo Baguette	Yes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	Trace	No	No	No	No	No	No	No
Ploughmans Baguette No Ham	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Trace	Yes	No	No	No	Yes	No	No
Ploughmans Baguette Ham	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Trace	Yes	No	No	No	No	No	No

WRAPS NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
Hot Sticky BBQ Chicken Wrap	2412.6	575.1	21.4	11.2	62.8	18.6	3.4	0.0	30.9	2.2
Falafel	2815.4	674.3	36.1	10.4	62.7	10.5	6.6	0.0	21.2	2.6
Mexican Chicken	2292.5	548.3	26.6	9.6	50.1	8.6	3.7	0.0	25.1	2.0
Chicken Piri Piri	1780.2	424.6	16.7	5.0	47.7	4.7	4.2	0.0	18.7	1.3
Chargrilled Vegetables Wrap	1606.8	383.2	15.9	4.7	48.0	5.9	5.3	0.0	9.4	0.5
Hot Sticky BBQ Chicken Wrap	2412.6	575.1	21.4	11.2	62.8	18.6	3.4	0.0	30.9	2.2
Mediterranean Sweet Pomegranate & Falafel	1876.2	447.1	16.8	4.4	58.4	5.8	5.9	0.0	12.6	1.0
Hoi Sin Duck Wrap	1945.1	463.6	15.2	5.0	56.7	15.1	3.5	0.0	23.0	1.2
Lebanese Beetroot & Hummus	2494.6	594.7	23.1	4.9	74.1	9.7	9.2	0.0	18.1	1.4
Spiced Moroccan Chicken & Mint Medley	1900.9	452.1	14.3	4.5	55.5	4.9	4.2	0.2	23.0	1.9

COFFEE REPUBLIC WRAPS ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan
	Wheat	Barley	Oats	Rye																
Falafel Wrap	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	Yes	Trace	No	No	No	No	Yes	No
Mexican Chicken Wrap	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Trace	No	No	No	No	No	No
Piri Piri Chicken Wrap	Yes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Chargrilled Vegetable Wrap	Yes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Hot Sticky BBQ Chicken Wrap	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No	No	No
Mediterranean Pomegranate and Falafel	Yes	Yes	No	No	No	Yes	No	No	No	Yes	Trace	No	Yes	No	No	No	No	No	Yes	No
Hoi Sin Duck Wrap	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No
Lebanese Beetroot and Hummus	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No	Yes	Yes
Spiced Moroccan Chicken and Mint Medley	Yes	Yes	No	No	No	No	No	No	No	Yes	Trace	No	Yes	No	No	No	No	No	No	No
Indian Summer Wrap	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No

PANINI NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
Italian Chicken	2412.7	575.1	21.9	6.2	60.1	5.8	3.9	0.0	32.4	2.4
Mexican Chicken	2436.5	553.8	19.0	7.4	61.7	8.5	4.2	11.2	32.0	2.4
Brie & Bacon	2703.2	645.7	31.4	17.2	59.0	6.3	3.9	0.0	29.9	3.4
Ham & Cheese	2183.4	491.8	16.3	7.2	58.8	5.2	4.0	0.0	25.4	2.6
Mozzarella & Tomato	2291.3	547.0	23.8	8.8	61.0	7.8	4.1	0.0	20.0	1.8
Italian Chicken	2412.7	575.1	21.9	6.2	60.1	5.8	3.9	0.0	32.4	2.4
Salt Beef	2718.6	592.3	23.4	9.9	62.4	5.5	4.0	0.0	31.0	2.7
Halloumi and Tomato Panini	2299.9	547.9	18.7	10.0	67.9	13.7	5.4	0.0	24.1	3.4
Salt Beef Pretzel	1825.6	413.7	14.5	5.7	43.0	3.3	2.2	0.0	26.7	2.4

COFFEE REPUBLIC PANINI ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan	
	Wheat	Barley	Oats	Rye																	
Mexican Tuna Panini	Yes	Yes	No	Yes	No	Yes	Yes	No	No	Yes	No	No	Yes	Trace	No	No	No	No	No	No	No
Brie & Bacon Panini	Yes	Yes	No	Yes	No	No	No	No	No	Yes	No	No	Trace	No	No	No	No	No	No	No	No
Ham & Cheese Panini	Yes	Yes	No	Yes	No	Yes	No	No	No	Yes	No	No	Yes	Trace	No	No	No	No	No	No	No
Mozzarella & Tomato Panini	Yes	Yes	No	Yes	No	Yes	No	No	No	Yes	Yes	No	Trace	No	No	No	No	No	No	Yes	No
Italian Chicken Panini	Yes	Yes	No	Yes	No	Yes	No	No	No	Yes	Yes	No	Trace	Yes	No	No	No	No	No	No	No
Salt Beef Panini	Yes	Yes	No	Yes	No	Yes	No	No	No	Yes	No	No	Yes	Trace	No	No	No	No	No	No	No
Halloumi and Tomato Panini	Yes	Yes	No	Yes	No	No	No	No	No	Yes	No	No	Trace	Yes	No	No	No	No	Yes	No	No
Salt Beef Pretzel	Yes	Yes	Trace	Yes	No	Yes	No	No	Trace	Yes	Trace	No	Yes	Trace	Yes	No	No	No	No	No	No

SALADS NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
Ham and Egg Salad	1906	460	27.4	5.30	32.24	3.58	3.28	0.00	19.19	2.16
Tuna & Egg	1907	419	30.9	4.55	7.32	4.00	1.73	17.69	27.87	1.78
Mozzarella, Tomoato & Avocado	2540	614	49.5	15.08	17.86	6.35	9.68	90.00	19.22	1.26
Chicken, Bacon & Avocado	2516	524	38	6.24	15.79	4.90	6.15	90.00	27.81	2.61
Crayfish & Avocado	1998	484	37.1	5.09	14.87	2.71	9.19	0.00	18.18	1.43
Ham and Egg Salad	1906	460	27.4	5.30	32.24	3.58	3.28	0.00	19.19	2.16
Mini Pot										
Egg and Spinach	347	83	5.52	1.52	0.23	0.23	0.41	0.00	7.98	0.25
Egg, Avocado and Spinach	105	25	1.54	0.40	0.27	0.23	0.44	0.00	2.32	0.07
Mini Mozzarella Balls and Tomato	803	194	14.2	9.15	3.10	2.95	0.50	0.00	13.04	0.71
Edamame Beans	622	149	6.8	0.80	6.90	0.00	4.20	0.10	12.90	0.00

COFFEE REPUBLIC SALADS ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan	
	Wheat	Barley	Oats	Rye																	
Tuna & Egg Salad	No	No	No	No	No	Yes	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Mozzarella, Tomoato & Avocado Salad	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No
Chicken, Bacon & Avocado Salad	No	No	No	No	No	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Crayfish & Avocado Salad	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Ham and Egg Salad	Yes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Mini Pots																					
Egg and Spinach	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No
Egg, Avocado and Spinach	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No
Mini Mozzarella Balls and Tomato	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No
Edamame Beans	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes

Soups

Product Name	Unit	Qty	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
NCG Tomato & Basil Soup		300	468	111	4.2	0.9	12.6	8.1	4.5	0.0	3.6	1.2
NCG Carrot & Coriander Soup		300	552	132	5.7	1.8	15.6	9.3	3.6	0.0	2.4	1.7
NCG Vegetable Soup		300	459	111	3.6	1.5	13.2	5.1	3.6	0.0	5.1	1.3
NCG Mushroom Soup		300	384	90	4.5	3.0	7.8	0.9	1.8	0.0	4.2	1.6
NCG Leek & Potato Soup		300	801	183	11.1	2.4	16.2	2.7	1.2	0.0	3.3	1.4

COFFEE REPUBLIC SOUP ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan
	Wheat	Barley	Oats	Rye																
Tomato & Basil	No	No	No	No	No	No	No	No	No	No	Trace	No	No	No	No	No	No	No	Yes	Yes
Carrot & Coriander	No	No	No	No	No	No	No	No	No	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Vegetable	No	No	No	No	No	No	No	No	No	Yes	Trace	Yes	No	No	No	No	No	No	Yes	No
Mushroom	No	No	No	No	No	No	No	No	No	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Leek & Potato	No	No	No	No	No	No	No	No	No	Yes	Trace	No	No	No	No	No	No	No	Yes	No

CAKES AND IMPULSE NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Protein(g)	Salt(g)
Maple & Pecan Pie	1971	471.00	24.40	4.40	57.90	39.60	0.90	4.50	0.30
Choc Fudge Cake	3394	811.00	39.20	15.20	99.80	83.00	5.50	11.90	1.10
Sticky Chocolate Orange Cake	2625	627.00	29.90	8.80	81.70	54.20	2.70	6.50	0.80
Big Carrot Cake	2803	670.00	34.70	7.00	82.40	62.00	2.30	6.00	0.90
Ultimate Brownie	1465.28	351.12	20.52	12.69	38.61	31.24	3.42	4.71	0.49
Caramel Slice Traybake	1625.97	388.44	21.00	13.03	48.14	34.78	0.58	4.65	0.42
Jewel Bar Traybake	1532.3	366.52	21.02	7.70	42.50	36.88	1.08	5.47	0.31
Blueberry Bakewell Traybake	1587.3	379.86	24.49	11.47	37.21	11.47	1.48	5.15	0.39
Lemon Drizzle Traycake	1814.4	430.80	16.80	2.52	66.00	46.80	1.44	4.44	0.68
The Queen Vic Traycake	2190.75	521.97	24.13	11.94	72.39	50.80	1.65	4.70	0.88
Sour Cherry and Hazelnut Raw Bar	1222.3	290.70	9.35	2.13	46.75	39.95	1.11	5.44	0.03
Maple Flapjack	1893.12	451.86	12.44	8.36	62.73	27.95	5.00	6.43	0.17
Banana & Chocolate Loaf	1588.4	379.50	19.80	15.40	49.50	25.30	2.09	3.85	0.44
Poached Pear & Ginger Loaf	1196.91	283.65	9.77	5.86	48.92	31.25	1.12	3.35	0.65

Double Chocolate Chunk Cookies	1560	373.16	18.85	10.26	46.44	30.55	1.44	3.65	0.42
Oat Raisin Sclemon Cookies	1298	308.56	10.49	5.24	49.48	31.08	1.52	3.34	0.49
Triple Belgian Chocolate Cookie	1536	367.08	18.85	10.34	44.61	30.55	1.75	3.88	0.43
White Belgian Choc Raspberry Cookie	1559	372.40	18.70	9.73	47.04	29.34	0.84	3.57	0.48

Teacakes	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Protein(g)	Salt(g)
Pain Aux Chocolat	1315	315.00	19.00	9.10	29.70	9.00	1.70	5.40	0.60
Pain Aux Raisins	731	174.00	7.60	3.70	23.50	7.50	1.00	2.40	0.40
Almond Croissant	1376	329.00	16.70	9.50	36.20	9.10	1.80	7.50	0.70
Chocolate Twist	1138	272.00	12.90	7.90	33.00	15.40	2.00	5.00	0.50
Large Croissant	1244	297.00	15.20	10.30	33.90	1.10	3.20	4.60	0.90
Vanilla Creme Crown	1440	346.00	23.70	7.80	27.60	7.30	1.90	4.60	0.30
Maple Pecan Plaits	1811	434.00	26.20	10.10	43.50	15.90	1.20	5.50	0.40
Cinnamon Swirl	1359.6	323.84	12.32	4.93	47.52	20.24	2.11	5.02	0.57

Brake Giant Sultana Scones	1463	348.00	10.30	3.40	55.50	19.20	3.00	6.70	1.20
Scone, Cream & Apricot Jam	1959.7	465.03	11.38	6.02	76.53	22.88	3.63	12.07	0.61
Scone, Cream & Blackcurrant Jam	1959.0	464.88	11.38	6.02	76.53	22.93	3.67	12.07	0.61
Scone, Cream & Raspberry Jam	1959.2	464.93	11.38	6.02	76.53	22.88	3.63	12.08	0.61
Scone, Cream & Strawberry Jam	1959.6	465.03	11.38	6.02	76.53	22.88	3.63	12.07	0.61

Treacle Tofapple Tulip Muffin	2140	511.00	23.70	3.90	68.20	44.10	0.80	5.80	0.60
Triple Chocolate Tulip Muffin	2222	532.00	30.30	7.30	56.90	36.70	1.80	7.00	0.60
Blueberry Crumble Tulip Muffin	2050	490.00	25.10	3.70	59.50	34.10	1.00	6.00	0.60
Lemon Meringue Tulip Muffin	2025	483.00	22.80	3.50	64.00	42.80	0.60	5.30	0.60
Victoria Sponge Tulip Muffin	2263	541.00	26.90	4.20	67.60	44.00	2.50	5.90	0.70
Apricot Tulip Muffin	2179	520.00	23.00	2.80	71.00	47.20	2.00	6.10	0.70
Blueberry Skinny Muffin	1310	310.00	4.10	1.30	61.60	36.70	2.30	5.10	0.60
Nutella Mufin	2008	481.00	26.50	3.50	51.10	30.50	0.90	5.80	0.50
White Choc&Rasp Muffin	1655	396.00	21.80	2.80	43.60	25.70	2.30	5.20	0.60

Cornflake Clusters Grab Bags	177	42.00	1.60	1.00	6.20	3.00	0.30	0.60	0.00
Mini Gingerbread Men Bisc	183	43.00	1.10	0.40	7.80	4.40	0.20	0.60	0.10

COFFEE REPUBLIC IMPULSE ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan
	Wheat	Barley	Oats	Rye																
Big Carrot Cake	Yes	Yes	No	No	No	Yes	No	No	Trace	Yes	Yes	No	No	No	No	No	No	No	Yes	No
Sticky Chocolate Orange Cake	Yes	No	No	No	No	Yes	No	No	Yes	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Maple & Pecan Pie	Yes	No	No	No	No	Yes	No	Trace	No	Yes	Yes	No	No	No	No	No	No	No	Yes	No
Salted Caramel Brownie Fudgecake	Yes	No	No	No	No	Yes	No	No	Yes	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Ultimate Brownie	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Caramel Slice Traybake	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Jewel Bar Traybake	No	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Blueberry Bakewell Traybake	Yes	No	No	No	No	Yes	No	No	No	Yes	Yes	No	No	No	No	No	No	No	Yes	No
Lemon Drizzle Traycake	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
The Queen Vic Traycake	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Sour Cherry and Hazelnut Raw Bar	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	Yes
Maple Flapjack	No	No	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Banana & Chocolate Loaf	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes
Poached Pear & Ginger Loaf	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Eton Mess (Gluten & Wheat Free Bars)	No	No	No	No	No	Yes	No	No	Yes	Trace	No	No	No	No	No	No	No	No	Yes	No
OMG (Gluten & Wheat Free Bars)	No	No	No	No	No	No	No	No	No	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Toffee Crisp (Gluten & Wheat Free Bars)	No	No	No	No	No	No	No	No	Yes	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Double Bghchocolate Chunkcookies	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Oat Raisin Sclemon Cookies	Yes	No	Yes	No	No	Yes	No	No	Trace	Yes	No	No	No	No	No	No	No	No	Yes	No
Triple Belgian Chocolate Cookie	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
White Bg Choc Raspberry Cookie	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Baked Chocolate Chunk Cookie	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Baked Quadruplechocolate Cookie	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Giant Sultana Scones	Yes	No	No	No	No	Yes	No	No	Trace	Yes	No	No	No	Trace	No	No	No	No	Yes	No
5" Teacakes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Trace	No	No	No	No	Yes	Yes
Pain Aux Chocolat	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Danish Style Pain Aux Raisins	Yes	No	No	No	No	Yes	No	No	Trace	Yes	Trace	No	No	Trace	No	No	No	No	Yes	No
Almond Croissant	Yes	No	No	No	No	Yes	No	No	No	Yes	Yes	No	No	Trace	No	No	No	No	Yes	No
Chocolate Twist	Yes	No	No	No	No	Yes	No	No	Yes	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Large Croissant	Yes	No	No	No	No	Yes	No	No	Trace	Yes	No	No	No	No	No	No	No	No	Yes	No
Vanilla Creme Crown	Yes	No	No	No	No	Yes	No	No	No	Yes	Yes	No	No	No	No	No	No	No	Yes	No
Maple Pecan Plaits	Yes	No	No	No	No	Yes	No	No	No	Yes	Yes	No	No	No	No	No	No	No	Yes	No
Cinnamon Swirl	Yes	No	No	No	No	Yes	No	No	Trace	Yes	Trace	No	No	Trace	No	No	No	No	Yes	No
Sultana Sweet Scone Pucks	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Harleys Assorted Jam Ptns	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Cornish Clotted Cream	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Treacle Tofapple Tulip Muffin	Yes	No	No	No	No	Yes	No	No	Trace	Yes	No	No	No	No	No	No	No	No	Yes	No
Triple Chocolate Tulip Muffin	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No
Blueberry Crumble Tulip Muffin	Yes	No	No	No	No	Yes	No	No	Trace	Yes	No	No	No	No	No	No	No	No	Yes	No
Lemon Meringue Tulip Muffin	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	Trace	No	No	No	Yes	No
Victoria Sponge Tulip Muffin	Yes	No	No	No	No	Yes	No	No	Trace	Yes	No	No	No	No	No	No	No	No	Yes	No
Apricot Tulip Muffin	Yes	No	No	No	No	Yes	No	No	Trace	Yes	No	No	No	No	Yes	No	No	No	Yes	No
Blueberry Skinny Muffin	Yes	No	No	No	No	Yes	No	No	Trace	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Nutella Mufin	Yes	No	No	No	No	Yes	No	No	Yes	Yes	Yes	No	No	No	No	No	No	No	Yes	No
White Chocolate & Raspberry Muffin	Yes	No	No	No	No	Yes	No	No	Yes	Yes	Trace	No	No	No	No	No	No	No	Yes	No
Mini Gingerbread Men Bisc	Yes	No	No	No	No	Trace	No	No	No	Trace	Trace	No	No	No	No	No	No	No	Yes	No
Cornflake Clusters Grab Bags	No	Yes	No	No	No	No	No	No	Yes	Yes	Trace	No	No	No	No	No	No	No	Yes	No

SEASONAL PRODUCTS

SPRING 2020



SPRING 2020

Energy (kj) Energy (kcal) Fat(g) Of Which Saturates(g) Carbohydrates(g) Of Which Sugars(g) Fibre(g) Sodium(g) Protein(g) Salt(g)

Lunch										
Pulled BBQ Jackfruit Panini	2106.0	499.8	12.4	4.9	77.3	17.9	5.8	0.0	16.6	2.4
Mighty Mushroom & Roasted Vegetable Panini	1970.3	474.6	15.4	5.3	63.6	6.3	5.8	0.0	15.7	2.7
BBQ Pulled Jackfruit Avocado & Kaleslaw flatbread	2377.0	566.5	19.9	2.6	81.8	15.6	7.6	0.0	11.1	1.6
Beetroot and Houmous Buddha Pot	873.8	209.3	11.2	1.5	14.9	8.4	5.2	0.0	9.1	0.7
Pulled BBQ Jackfruit Kimchi Rainbow Grain Buddha Pot	933.7	221.8	5.1	1.0	33.6	17.0	6.1	0.0	6.4	1.6
Vegan Sausage Roll	1567.1	375.4	22.6	8.7	32.1	1.5	4.6	0.0	9.7	1.5

COFFEE REPUBLIC SPRING 2020 ALLERGEN INFORMATION

Product	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable Vegetarian	Suitable Vegan
	Wheat	Barley	Oats	Rye																
Pulled BBQ Jackfruit Panini (Vegetarian)	Yes	Yes	No	Yes	No	No	No	No	Yes	Yes	No	No	No	Yes	No	No	No	No	Yes	No
Mighty Mushroom & Roasted Vegetable Panini (Vegetarian)	Yes	Yes	No	Yes	No	Yes	No	No	No	Yes	Yes	No	No	Trace	Yes	No	No	No	Yes	No
Beetroot and Houmous Buddha Pot (Vegan)	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No	Yes	Yes
Pulled BBQ Jackfruit Kimchi Rainbow Grain Buddha Pot (Vegan)	Yes	Yes	No	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	Yes	Yes
Vegan Sausage Roll	Yes	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes

HALAL NUTRITIONAL INFORMATION

	Energy (kj)	Energy (kcal)	Fat(g)	Of Which Saturates(g)	Carbohydrates(g)	Of Which Sugars(g)	Fibre(g)	Sodium(g)	Protein(g)	Salt(g)
Turkey & Chese Croissant (Halal)	2099.9	502.7	28.9	16.9	38.1	5.8	1.2	0.0	22.1	2.0
Breakfast										
Full English Breakfast Roll (Halal)	1686.8	331.2	10.3	2.4	41.6	4.4	2.7	0.0	17.1	1.6
Bacon Roll (Halal)	1216.3	288.3	7.0	2.1	39.7	3.0	2.7	0.0	15.4	1.5
Egg & Turkey Croissant (Halal)	2282.0	490.1	28.0	14.0	38.9	6.1	1.2	0.0	20.4	1.9
Turkey & Chese Croissant (Halal)	2099.9	502.7	28.9	16.9	38.1	5.8	1.2	0.0	22.1	2.0
Turkey Bacon Bagel (Halal)	1562.4	370.2	6.4	2.5	58.8	6.1	3.0	0.1	17.7	1.3
Wedges										
Chicken & Turkey Halal	1913.3	334.9	10.7	1.9	39.2	4.3	2.5	0.0	19.7	1.9
Turkey Salad (Halal)	1688.1	338.2	10.2	2.4	40.1	5.6	2.4	0.0	20.7	2.2
BLT (Halal)	1873.4	320.4	11.4	2.2	38.4	4.2	2.2	0.0	15.6	1.8
Turkey & Egg (Halal)	2247.4	396.2	17.1	3.5	37.6	2.7	2.5	0.0	22.3	2.4
Toasties										
Turkey & Cheese (Halal)	2282.2	543.8	25.3	11.9	49.0	1.8	2.8	0.0	29.0	2.9
Chicken & Turkey (Halal)	2231.4	403.9	10.5	2.1	51.4	2.6	2.8	0.0	25.3	2.2
Baguettes										
Ploughmans Turkey (Halal)	2771.4	659.2	19.5	9.8	82.6	16.2	6.7	0.0	34.9	3.1
Turkey & Cheese (Halal)	3030.1	666.2	24.6	10.7	70.7	5.5	6.2	0.0	37.9	3.8
Egg, Turkey & Mayo (Halal)	2573.3	528.0	14.5	3.4	69.7	5.2	5.7	0.0	27.5	2.5
Chicken Tikka (Halal)	2008.7	475.1	4.3	0.8	75.1	5.6	5.9	0.0	31.1	2.1
Wraps										
Kofta and Hummus Wrap (Halal)	2771.4	659.2	19.5	9.8	82.6	16.2	6.7	0.0	34.9	3.1
Panini										
Brie & Turkey (Halal)	2463.8	587.8	26.0	15.1	59.1	6.1	3.7	0.0	27.5	2.7
Turkey & Cheese (Halal)	2316.4	523.7	19.0	8.0	58.8	5.3	3.8	0.0	27.5	2.7
Turkey & Beef Salami, Mozzarella Panini (Halal)	3565.3	728.1	40.8	5.4	61.8	7.5	3.7	0.0	27.0	3.7
Chicken Tikka Panini (Halal)	2141.8	509.0	14.6	6.8	62.2	5.5	3.7	0.0	30.1	2.1
Salads										
Chicken, Turkey & Avocado (Halal)	2396.6	495.2	35.3	5.2	15.8	4.8	6.1	90.0	26.6	2.2

COFFEE REPUBLIC HALAL ALLERGEN INFORMATION

	Cereals containing Gluten				Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	GM	Suitable	Suitable
	Wheat	Barley	Oats	Rye															Vegetarian	Vegan
Breakfast																				
Turkey Bacon Roll Halal	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Trace	No	No	No	No	No	No
Full English Breakfast Roll Halal	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Trace	No	No	No	No	No	No
Turkey Bacon & Cheese Croissant Halal	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No
Egg & Turkey Bacon Croissant Halal	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No
Turkey Bacon Bagel Halal	Yes	Yes	No	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Trace	No	No	No	No	No	No
Wedges																				
Chicken and Bacon Halal	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No
Turkey Ham and Eggs Halal	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No
BLT Halal	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No
Turkey Ham Salad Halal	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No
Toastie																				
Chicken & Turkey Bacon Toastie Halal	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No
Turkey Ham & Cheese Halal Toastie	Yes	Yes	Trace	Trace	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No
Baguette																				
Ham & Cheese Halal Baguette	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Trace	No	No	No	No	No	No
Egg, Turkey Bacon & Mayo Baguette Halal	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Trace	No	No	No	No	No	No
Ploughmans Baguette Halal	Yes	No	No	No	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Trace	Yes	No	No	No	No	No
Chicken Tikka Baguette Halal	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Trace	No	No	No	No	No	No
Wraps																				
Kofta and Hummus Wrap (Halal)	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	Yes	No	No	No	No	No
Panini																				
Brie & Turkey Bacon Panini Halal	Yes	Yes	No	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Trace	No	No	No	No	No	No
Turkey and Beef Salami, Mozzarella Panini	Yes	Yes	No	Yes	No	Yes	No	No	No	Yes	No	Yes	Yes	Trace	No	No	No	No	No	No
Cheese & Turkey Bacon Panini Halal	Yes	Yes	No	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	No
Chicken Tikka Panini Halal	Yes	Yes	No	Yes	No	No	No	No	No	Yes	No	No	Yes	Trace	No	No	No	No	No	No
Salads																				
Chicken, Turkey Bacon & Avocado Salad Halal	Yes	No	No	No	Yes	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No